Men today, more than ever, desperately need the ministry of comfort and healing. The Bible clearly calls Christians to this task: The Lord "comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God" (2 Cor. 1:4).* Here are 12 ways for clergy and other Christian leaders to help men mourn. 1. Understand the male predicament. When someone they love has died, men are under great tension and pressure. Offer support without making the bereaved feel weak or incompetent to handle their loss. Every attempt to help should be done thoughtfully, carefully, compassionately, and sensitively. The journey through bereavement is often filled with confusion and self-doubt.