Like Tae Kwon Do: The Korean Martial Art, re-issued in a second edition in 2007 by the YMAA Publication Center, Advancing in Tae Kwon Do was also re-issued in a second edition by the YMAA Publication Center with only minor changes in 2006. Both books give us an historical perspective of the art of Tae Kwon Do in the 1970s and early 1980s and remain in print today. Advancing in Tae Kwon Do shares many of the same noteworthy features as Tae Kwon Do: The Korean Martial Art. Grandmaster Chun was deeply involved in promoting and administering Tae Kwon Do for the World Taekwondo Championships in the 1970s and the Olympic Games in the 1980s and 1990s, and enjoys the acquaintance and friendship of many influential masters and grandmasters. The second belt in most tae kwon do organizations is the yellow belt. Advancement requirements vary between schools, but typically you must demonstrate proficiency at basic techniques before earning this rank. McLaughlin has written for “The Maine Campus,” “The Bangor Daily News” and various websites. McLaughlin is also a martial arts instructor and certified personal trainer. He has a bachelor's degree in journalism and an associate degree in filmmaking. The second belt in most tae kwon do organizations is the yellow belt.