The Lotus-Eater: My (Young) Life in Habits, Obsessions, and Addictions

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Abstract
Told in a stream of vignettes, The Lotus-Eater traces the invisible lines between the habits that mold my life and the addictions that threaten to consume it. Through a mix of memoir, family history, and cultural commentary, I seek to mediate my warring impulses of self-restraint and self-indulgence.

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