The purpose of this study was to explore personal and social benefits associated with participation in Brazilian jiu-jitsu (BJJ). Sixteen participants (2 head instructors and 14 athletes; M age = 33.8 years, M duration of involvement in BJJ = 5.5 years) participated in individual semi-structured interviews. The interviews were transcribed verbatim and subjected to qualitative data analysis. Results revealed participants reported a broad variety of benefits arising from their participation in BJJ. The personal and social benefits reported by the participants include improved physical fitness, increased self-confidence, enhanced problem-solving skills, improved mental resilience, and a sense of community and belonging. These benefits are attributed to the rigorous training, strategic thinking, and discipline associated with Brazilian jiu-jitsu.
We estimated the association of participation in external social groups with drug use at baseline and follow-up using logistic regression and marginal modelling. Follow-up analyses of preintervention/postintervention change in drug use employed inverse probability weighting to account for censoring and were stratified by exposure to the intervention. Results: Social participation showed a protective association with drug use at baseline (1 SD higher level of social participation associated with 3.8% lower prevalence of drug use, 95% CI -0.1 to 8.3).

The article considers the analysis of human resource management practices for Brazilian companies. The country-specific context and organizational behavior peculiarities of Brazil define the companies’ approach for HRM practices. The example of “CCR Group” is considered as a case study example. CCR Group is the largest private infrastructure concession group in Brazil and one of the seven most significant in the world in such business areas as road concession, urban mobility and services. This company is responsible for almost 2,500 kilometers of toll-roads highways in São Paulo, Rio de Janeiro and Paraná states. Company’s strategic plans are aimed at diversifying portfolio and engaging in new business projects.

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