Jason Ray thinks the culture of "disaster prepping" is misunderstood. Thanks in part to National Geographic's Doomsday Preppers, a reality TV show about preppers, the term conjures images of far-flung, paranoid woodsmen hoarding Borax under their floorboards, a caricature of prepping that does no favors to Ray, whose main concern is taking care of his family. So-called preppers are known to meticulously organize their lives, so when their sky-is-falling scenario of choice manifests—Ray's is a mass recession if Donald Trump becomes president—they'll have all their base. The history of prepping and the history of preppers dates back centuries. If you're interested in preparing for adversity, this is the article for you. Following the great flood, both human history and the history of prepping is full of examples of people who prepared in advance to overcome future challenges. Humans have preserved food since the earliest days. Without our modern conveniences, people had to plan and prepare well in advance for trying times. In the United States, the effort to motivate the population into improved self-reliance was successful and resulted in the planting of 20 million victory gardens. In 1944, these victory gardens produced over...
eight million tons of fruits and vegetables. History of Prepping and Emergency Survival. 3 mins to read. A short History of British Prepping. Since the beginning of time man has tried to predict and prepare for the disasters that can effect both himself, his family and friends. Natural disasters, floods, famine and through world wars, the citizens of various countries have battled to overcome the doomsday scenarios that were bestowed on them. Nowadays, these old school British preppers are thought of as Survivalists, who consistently and methodically ensuring they are ready if and when we are all faced with a breakdown in our society and the laws and order of the land start to fail and break down into what us preppers know as SHTF…!