The Horse, My Healer and Guide

Joanne Tortorici Luna
California State University, Long Beach

Abstract

Therapeutic horseback riding and equine-partnered mental health practices are becoming increasingly well-known in the fields of education and psychology as experiential modalities for promoting physical and emotional health. This narrative presents reflections on the author's experience of becoming involved in equine-partnered work and provides resources for further information. Note: Names have been changed to preserve confidentiality.
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This healing guide is directed towards more beginner healing and class knowledge. For more advanced information, please consult the class-specific guides.

Healer Vocabulary. Types of Healing Spells. The basics of healers are the same; keep the group alive and help kill the boss. However, there are many different ways to deliver healing. Standard - As a baseline, standard healing spells are those with a cast time and deliver their healing to the target immediately after the cast is completed. Different Healer specializations may have different instances of this spell, with the main differences