Finding myself in medicine

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How to Cite

Abstract
In this article (part one of a two-article piece), I, Erin Nissen Castelloe, a woman who has worked almost twenty years as a doctor, first in the practice of Family Medicine and later as a Pharmaceutical Medicine consultant, ponder the next phase of my career. In an attempt to understand myself and my experiences in medicine – and to connect with others who may share my belief that medicine (and those who practice it) must evolve in order to empower and serve – I share my personal story: the influences and idealism that led me to medicine; the best career advice I ever received (from a patient, not a doctor); my past and present frustrations with clinical medicine; my struggles to balance my personal and professional aspirations; my growing dissatisfaction with a career in Pharmaceutical Medicine; and, ultimately, my attempts to collect, sow, and cultivate ideas that may – nurtured with tinctures of time and collaboration – become strong, new branches on the magnificent tree of medicine.
Early in my third year of medical school, however, I found myself disillusioned. The primary care I had experienced was not quite what I had hoped for. Effective integration with primary care will ultimately allow for true preventive medicine and help facilitate a shift in focus from tertiary care to community wellness. Psychiatry's ability to integrate modern neuroscience and medical illness into a holistic model focusing on the mind and patient experience has been largely underutilized in current health care. I ended up finding myself in basic science and imaging research, eventually leading to a graduate degree in biomedical engineering. I still didn't quite feel at home and realized what I really sought was the doctor-patient relationship I've read about, experienced, and admired. Is medicine too difficult to teach yourself? What practical skills would you acquire after having learnt it? I just like to learn more about how things work including myself! And maybe tinker around and make some machines that can read your health signs. e.g. a simple one would measure your heart rate but I would like to learn about other things that could be measured. Medicine Personal Statement. Medical science is a field that I find fascinating. Studying the intricate mechanisms that integrate to produce biological processes, and the consequences that arise when these mechanisms are impaired truly captivates me. While the idea to care for others is appealing to me, the applications of medicine for finding remedies to the complexities of the human body fascinates me even more. Medicine Personal Statement. Residing in clinical grounds of Zimbabwe I discovered myself in unintentional healthcare recruitment. 2008 cholera epidemic outbreak initial effects tackled my path to medicine as I had witnessed the destruction it rayed Medicine Personal Statement.