Health promotion strategies and methods

Articulates the key principles and processes of health promotion to enable practitioners to select, plan and implement effective programs for the promotion of better health for any issue, group or location.

Prevention issues for women's health in the new millennium

Highlights contributions in health-related prevention and intervention research on women.

Pieces of a puzzle: perspectives on child sexual abuse

Presents various "pieces" towards a comprehensive understanding of child sexual abuse. Offers a description of current Canadian research and intervention efforts on topics including treatment for child victims, understanding mothers of children who have been sexually abused, grooming prosecution in child sexual abuse cases and the use of community notification programs.
Healthy women, healthy lives: a guide to preventing disease, from the Landmark Nurses’ Health Study

Resource Language: English
Media Type: Paper
Author: Susan E. Hankinson (ed.)
Graham A. Colditz (ed.)
JoAnn E. Manson (ed.)
Frank E. Speizer (ed.)

Publisher: Simon & Schuster
Publication Date: 2001
Publication Place: Toronto, ON

Provides findings from the Nurses’s Health Study, incorporated in tips and strategies for women looking to make healthy lifestyle changes.

Available From: Simon & Schuster Canada
WOMH.H43 2001 (CWHN Offices)
Notes: Includes bibliographical references.

Evaluation of food fortification with folic acid for the primary prevention of neural tube defects: executive summary, 1997-2003

Resource Language: English
Media Type: Paper
Online

Publisher: Public Health Agency of Canada
Publication Date: 2003
Publication Place: Ottawa, ON

Presents the results of a population based study to evaluate the effectiveness of the public health strategy of food fortification with folic acid and to determine possible adverse effects resulting from fortification.

Available From: Public Health Agency of Canada

The Aboriginal female condom pilot project: a report on the experiences of Aboriginal women living in two BC communities with th

Resource Language: English
Media Type: Paper
Online

Author: Namaste Marsden
Suzanne Newmann

Publisher: BC Centre for Disease Control
Publication Date: 2001
Publication Place: Vancouver, B.C.

Summarizes how the project introduced the female condom to Aboriginal women in a culturally sensitive manner.

Available From: BC Centre for Disease Control
Notes: Includes bibliographical references.

Smoking cessation in pregnancy: a review of postpartum relapse prevention strategies

Resource Language: English
Media Type: Paper
Online

Author: Wei Li Fang
Adam O. Goldstein
Anne Y. Butzen
S. Allison Hartsock
Katherine E. Hartmann
Reviews and examines existing research, current strategies, and directions for future research on smoking cessation relapse and relapse prevention in pregnancy and postpartum. Finds that few studies exist on how to prevent relapse. Argues that maintaining and accelerating progress in cessation during pregnancy and postpartum requires more research that focuses on relapse prevention and cessation. States that programs should incorporate stresses particular to postpartum women, should be part of routine health care, and should involve the woman's social support network, including her partner, to maximize effectiveness.

Available From:
American Board of Family Practice

ISBN/ISSN:
ISSN 08938652

URLs:
http://www.jabfp.org/cgi/content/abstract/17/4/264?etoc
http://www.jabfp.org/cgi/reprint/17/4/264

Evidence-based guidelines for cardiovascular disease prevention in women

Discusses cardiovascular disease (CVD) prevention for women in light of evidence-based findings.

Available From:
American Heart Association

URLs:
http://circ.ahajournals.org/cgi/content/full/109/5/672

Notes:
Includes bibliographical references.

Help a pregnant friend avoid alcohol

Provides tips and strategies for persons who wish to talk to their pregnant friends about alcohol consumption during pregnancy.

Available From:
Calgary Fetal Alcohol Network

URLs:

Addressing gender perspectives in HIV prevention

Discusses the implications of gender issues as they related to HIV/AIDS. Focuses on prevention among youth, prevention in pregnant women, and comprehensive condom programming.

Available From:
United Nations Population Fund

URLs:
http://www.unfpa.org/hiv/prevention/hivprev4a.htm

Notes:
Includes bibliographical references.
Highlights of Health Promotion in Nepal: Dr BR Marasini Ministry of Health and Population Kathmandu, Nepal 30 March 2013 Concept of Health Promotion It is any planned combination of health, educational, economic, political, spiritual and organizational initiative for actions to bring about positive, behavioral, social or environmental change conducive to improving the health of individuals, groups, or communities. Process of enabling people to.

Concept of Health Promotion Government at both local and national levels has a unique responsibility to act appropriately and in a timely way to ensure that the ‘total’ environment, which is beyond the control of individuals and groups, is conducive to health. Division of Health Promotion, Education and Communications (HPR) Health Education and Health Promotion Unit (HEP) WHO/HPR/HEP/98.1 Dist.: Limited. His Health Promotion Glossary was prepared on behalf of WHO by Don Nutbeam, WHO Collaborating Centre for Health Promotion, Department of Public Health and Community Medicine, University of Sydney, Australia. A pre-publication of the glossary was prepared as a resource document for the Fourth International Conference on Health Promotion, New Players for a New Era: Leading Health Promotion into the 21st. These strategies are supported by five priority action areas as outlined in the Ottawa Charter for health promotion: Build healthy public policy. Create supportive environments for health. Health promotion that suggested that the overall health of it provides immediate feedback about. strategies are more successful if there is the community needed to be addressed, a ideas, messages, and practices. At the, strong communication and collabora- set of projects designed to promote a same time, it helps develop momentum. The column is dedicated to preventive care and health education and promotion issues such as family planning methods and prevention of STIs, communicable dis-eases, obesity, cardiovascular disease, HIV/AIDS, and domestic violence. Read-ers of the newspaper have the opportu-nity to send in and receive answers to. Lotti Popescu, MD, works in the Constanta Health Promotion and Health Education Department.
Health promotion that suggested that the overall health of it provides immediate feedback about. strategies are more successful if there is the community needed to be addressed, a ideas, messages, and practices. At the. strong communication and collabora- set of projects designed to promote a same time, it helps develop momentum.Â The column is dedicated to preventive care and health education and promotion is-sues such as family planning methods and prevention of STDs, communicable dis-eases, obesity, cardiovascular disease, HIV/AIDS, and domestic violence. Read-ers of the newspaper have the opportu-nity to send in and receive answers to. Loli Popescu, MD, works in the Constanta Health Promotion and Health Education Department. Health Promotion vs. Health Education. â€¢ Health promotion has been defined as the combination of two levels of action: 1. health education and 2. environmental actions to support the conditions for healthy living. â€œThe process of enabling people to increase control over their health and its determinants, and thereby improve their health.â€ (Ottawa Charter, World Health Organization, 1986). â€œHealth education.Â Do the program materials enable the objectives to be met? Do they deliver the intended theoretical methods and practical strategies? Do the materials fit with the target population? Are the materials attractive, appealing, and culturally appropriate? Highlights of Health Promotion in Nepal: Dr BR Marasini Ministry of Health and Population Kathmandu, Nepal 30 March 2013 Concept of Health Promotion It is any planned combination of health, educational, economic, political, spiritual and organizational initiative for actions to bring about positive, behavioral, social or environmental change conducive to improving the health of individuals, groups, or communities. i.— Process of enabling people to.Â Concept of Health Promotion i.— Government at both local and national levels has a unique responsibility to act appropriately and in a timely way to ensure that the â€œtotalâ€™ environment, which is beyond the control of individuals and groups, is conducive to health.