The Rife Handbook of Frequency Therapy and Holistic Health
an integrated approach for cancer and other diseases

Updated and Expanded 5th Edition

Nenah Sylver, PhD
The Rife Handbook of Frequency Therapy and Holistic Health: an integrated approach for cancer and other diseases. Updated and Expanded 5th Edition

The first softcover edition of this book, with a different title, was published in 2001 by The Center for Frequency. Two larger, revised hardcover editions, with substantially new material, an index and also different titles, were published in 2009 and 2011 by Desert Gate Productions LLC. This updated and expanded 2018 edition is published by Desert Gate Productions LLC. All rights reserved.

New interior book design by Nenah Sylver.
Cover design by Duane Burchett and Nenah Sylver.
Index by Nenah Sylver.

Cover Images, Back.
Top: Bipolar nerve cell, as seen through the Ergonom microscope.
Middle: Cross section of a bone 3.5 mm thick, as seen through the Ergonom microscope.
Bottom: Cell division, as seen through the Ergonom microscope.

Library of Congress Control Number: 2008904590
This page is intentionally left blank
# Table of Contents

Acknowledgments ............................................................................................................. xiii

Foreword ............................................................... Steve Haltiwanger, MD, CCN ......................... xv

Introduction .......................................................................................................................... xix

Chapter 1: The Politics of Medicine and the Nature of Health .............................................. 1

Chapter 2: The History of Pleomorphism and the Inventions of Royal Raymond Rife ........ 187

Chapter 3: Healthy Living and Complementary Therapies ................................................ 243

Chapter 4: Frequently Asked Questions About Rife Equipment and Sessions .................... 509

Chapter 5: Frequency Directory ......................................................................................... 601

Chapter 6: Creating a Better World, Inside and Out ......................................................... 853

Appendix A: Resources ........................................................................................................ 897

Appendix B: Legal Implications of Rife Sessions ............................................................. 913

Appendix C: Healing with Electromedicine and Sound Therapies ..................................... 919

Appendix D: Published Studies in Electromedicine .......................................................... 957

Appendix E: Rife Research in the United States .............................................................. 971

Appendix F: At-A-Glance Review of Common Toxic Chemicals ......................................... 973

Appendix G: Safe Substitutes for Common Toxic Chemicals ............................................. 989

Appendix H: Create a Detox Footbath for Ten Dollars ...................................................... 997

Appendix I: Recent Studies on the Dangers of Harmful Electromagnetic Fields (EMFs) ........ 999

References ......................................................................................................................... 1007

Index ................................................................................................................................... 1045

*Detailed chapter outlines, containing up to four levels of headings and subheadings exactly as they appear in the text, are at the beginning of each individual chapter.*
Nearly all people die of their medicines, and not of their illnesses.
—Molière, French writer (1622–1673)

Chapter 1 Outline
The Politics of Medicine and the Nature of Health

Today’s Challenge ........................................... 5

Defining Health ............................................. 6

How We Become Ill ........................................... 8
  Nutritional Deficiencies .......................................................... 8
  Sleep Deficit ................................................................ 8
  Oxygen Insufficiency ................................................................. 9
  Chemical Toxicity .................................................................. 9
  Electron Deficiency ................................................................. 10
  Electromagnetic Toxicity ......................................................... 10
  Weather Challenges ................................................................ 10
  Noise Pollution ...................................................................... 17
  Injury ..................................................................................... 17
  Inflammation ........................................................................ 17
  pH Imbalance ......................................................................... 17
  Proliferating Pathogens ......................................................... 19
  Toxic Bodily Responses .......................................................... 20
  Lack of Exercise and Movement ........................................... 20
  Emotions and Belief Systems .................................................. 20

Prescription Pharmaceuticals ........................................... 22
  How Drugs Work ................................................................. 22
  Effectiveness of Drugs .......................................................... 24
  Damaging Effects of Drugs .................................................... 24
  Administration of the Wrong Drugs ...................................... 26

Preparation of Drugs ...................................................... 26
If You Must Take Drugs .................................................... 27

Hospital Procedures / Tests
and Their Effects ................................................................. 27

Iatrogenic (Doctor-Caused) Disease and
Preventable Deaths ............................................................ 29
  Drug Iatrogenesis ................................................................. 29
  Hospital Infections ............................................................... 30
  Deaths from Surgeries and Tests ........................................... 30
  Combined Statistics .............................................................. 30

Deaths and Injuries from Medical Devices ................................ 31

Facts and Fallacies About Clinical Trials ............................. 31
  A Human is Not a Lab Rat ...................................................... 31
  A Human is Not a Test Tube ................................................... 32
  How is the Drug Administered? ............................................. 32
  How Much of the Drug is Administered? ............................. 32
  To What is the Drug Compared? .......................................... 32
  How Many Subjects are Tested? ............................................. 32
  For How Long are Subjects Tested? ....................................... 33
  Do the Study Subjects Represent the General Population? .... 33
  What If More Than One Drug Is in the Mix? ......................... 33
A Fraudulent Mumps Vaccine (2010) .......... 110
Deaths from Polio Vaccine in Pakistan 
(2010) ........................................ 111
Paralysis from Polio Vaccine 
in India (2011) .................................. 111
Vaccine Makers Granted Even More 
Immunity (2011) ................................ 111
CDC Admits Polio Shot Contained 
Carcinogenic SV40 (2013) ..................... 112
CDC Exposed for Hiding Data 
Showing Link Between Autism 
and the MMR Vaccine (2014) ............... 114
Measles, the Ultimate Disneyland 
Fairy Tale (2015) ................................ 117
Forced Vaccination in California, 
No Exemptions (2015) ....................... 120
Worthless and Harmful Flu Shots 
Promoted (Ongoing) .......................... 121
Who Refuses Vaccines? ....................... 123
Vaccine Alternatives and Detox ............. 126
Colostrum and 
Proline-Rich Polypeptides ................... 126
Glutathione .................................... 130
Vitamin C ....................................... 132
Colloidal Silver ................................ 133
After Inoculation: Some Simple Detox 
Measures ...................................... 133
A Concise Summary of Vaccines .......... 133

Fighting Big Pharma .......................... 134
Conflict-of-Interest Lawsuits ................. 134
The Lawsuit Against Paxil® .................. 134
The Lawsuit Against Vioxx® ................. 135
The Lawsuit Against Lipitor® 
and Other Statin Drugs ...................... 136
Lawsuits Against Tylenol® ................. 139
Lawsuits Involving Monsanto ............... 139
Granting Legal Immunity .................... 142

Drugs Where They’re Not Intended .......... 143
Antibiotics in Food ............................ 143
Drugs in Drinking Water ..................... 143

Electronic Media as a Drug .................. 145
Sonograms ..................................... 145
Effects of Electronic Distractions .......... 146
Impaired Cognitive Abilities ............... 147
Hypnotic Suggestibility .................... 149
Hyperarousal .................................. 150
Collateral Damage ............................ 152

Big Pharma’s Campaign Against 
Nutritional Supplements .................... 153
Bullying Tactics 
to Restrict Natural Remedies ............... 153
Suppressed Natural Cures ................... 158
Ephedra ....................................... 158
Aloe Vera ..................................... 159
Pine Oil (Turpentine, 
Naturally Derived) ............................ 161
A Holistic, Functional Approach 
to Health ........................................ 167
Substitution and Masking vs. Support .... 167
All Parts Are Connected ..................... 167
A Holistic Approach: the Basics .......... 170
This page is intentionally left blank
Its name is Public Opinion. It is held in reverence. It settles everything. Some think it is the voice of God. Loyalty to petrified opinion never yet broke a chain or freed a human soul.

—Mark Twain, American writer, critic and humorist (1835–1910)

Chapter 2 Outline

The History of Pleomorphism and the Inventions of Royal Raymond Rife

Life Cycles of a Pathogen:
Béchamp versus Pasteur ......................... 189

Healing the Terrain ............................ 191

Béchamp’s Scientific Progeny ................. 193
Rudolf Virchow .................................. 193
Florence Nightingale ........................... 193
Guenther Enderlein .............................. 193
Bruno Haefeli .................................. 194
Wilhelm Reich ................................. 194
Edward Rosenow ............................... 194

Royal Raymond Rife .......................... 195
A Renaissance Man ............................. 195
The Universal Microscope ..................... 196
The Rife Ray ................................... 199
Case Studies ................................... 216

The Persecution of Rife ....................... 220

John Crane, John Marsh, and the Next
Next Generation of Frequency Devices ...... 228

The Continuing Saga of Pleomorphism ..... 231
Virginia Livingston-Wheeler .................. 231
Eleanor Alexander-Jackson .................... 231
Irene Corey Diller ............................. 232
Florence Seibert ............................... 232
Lida Mattman .................................. 233
Ludwik Gross ................................. 233
Gaston Naessens .............................. 233
Kurt Olbrich and Bernhard Muschlien ...... 234

Implications for Healing ...................... 235
This page is intentionally left blank
Until a man duplicates a blade of grass, nature can laugh at his so-called scientific knowledge. Remedies from chemicals will never stand in favorable comparison with the products of nature, the living cell of a plant, the final result of the rays of the sun, the mother of all life.

—THOMAS ALVA EDISON, AMERICAN INVENTOR (1847–1931)

Chapter 3 Outline
Healthy Living and Complementary Therapies

Introduction ........................................... 249

Water .................................................. 250
  Water’s Unique Properties ......................... 250
  Water Sources and Treatments .................... 251
  The Importance of Decontamination ............. 251
  The Relationship of Minerals to Water ........... 252
    Heavy Metals .................................... 252
    Unabsorbed Minerals ............................ 253
    Electrolytes: Minerals with a Charge .......... 253
  Basic Filtering (Filtration) ...................... 255
  Distillation ....................................... 255
  Reverse Osmosis .................................. 262
  Water Electrolysis (Ionization) .................. 262
  Restoring the Water .............................. 264
  How Much and How Often? ...................... 265
  Healthy Additions to Plain Purified Water .. 268
    Vitamin C ...................................... 268
    Lemon Juice .................................... 268
    Baking Soda .................................... 268
    Chlorophyll ..................................... 268
  Highlights ...................................... 269

Popular Beverages and “Health” Drinks ... 269
  Coffee ........................................... 269
  Soda ............................................. 273
  Black and Green Tea ............................. 275
  High-Sugar Vegetable and Fruit Juices ......... 275
  Green Juices and Green Smoothies ............. 276
  Herbal “Teas” ................................... 277

Food .................................................. 278
  One Size Does Not Fit All ...................... 278
    Geographical Ancestry ......................... 279
    Gut Flora ...................................... 279
    Biochemistry and Metabolism ................. 279
    Current Needs and Health Condition ......... 281
    Buildup, Breakdown or Maintenance .......... 281
    Nutrient Balance .............................. 281
    Timing of Eating .............................. 282
    Atmosphere .................................... 282
    Attitude ....................................... 282
    In Brief ....................................... 284

Highlights ........................................... 269
Natural, Refined, and Artificial Sweeteners

The Bitter Truth About Sugars

Nutrient Depletion

Hormone Malfunction

Impeded Oxygen Transport

Impaired Brain Chemicals

Glycemic Index Propaganda

“If It’s Sweet, It Must Be Sugar"

Sucrose / Table Sugar / White Sugar

Molasses

Dehydrated Sugar Cane Juice

Maple Syrup

Coconut Sugar / Coconut Palm Sugar / Palm Sugar / Coconut Nectar (Sap)

Date Sugar

Honey

Fructose

High Fructose Corn Syrup (HFCS)

Agave Syrup

Xylitol and other Sugar Alcohols

Saccharine

Aspartame

Sucralose

Stevia

Not-So-Sweet Summary

Synthetic Chemicals and Fake “Foods”

Preservatives, Dyes, Fragrances, and Flavorings

Fabricated Fats

Food CONDITIONERS

Thickeners and Emulsifiers

The Discoveries of Weston A. Price

Food Preparation and Preservation

Basics of Cooking

Frying

Microwaving

Freezing

Fermenting

Canning

Drying

Cookware

Enjoy What You Eat
Bodywork ..............................................420
  The Physiological and Emotional Components of Touch .........................420
  Massage .............................................423
  Myofascial Release ..................................425
  Oriental Energy Modalities ...........................................425
    Acupuncture and Acupressure .......................................425
    Qigong ..................................................................426
  Craniosacral Therapy ....................................428
  Chiropractic ..............................................428
  Rubenfeld Synergy .............................................429
  Our Healing Connection ........................................430

Light and Color ........................................430
  Our Therapeutic Sun (Full-Spectrum Light) ......................................430
  Ultraviolet Wavelengths ...........................................431
  Infrared Wavelengths .............................................435
  The Pineal Gland and Light ........................................435
  Light Therapy for SAD ...........................................436
  Single-Color Light Therapy ......................................438
  Dinshah’s Spectro-Chrome Color Therapy ......................................440
  Let There Be Light .............................................442

Homeopathy .............................................443
  A Brief History of Homeopathy ........................................443
  Potencies (Dosages) .............................................444
  How Homeopathy Works ..........................................444
    The Classical Explanation ........................................444
    The Philosophy and Psychology of Homeopathy ..........................445
    The Physics of Homeopathy ........................................445
  Modern Homeopathy Modalities ........................................446
    Constitutional Homeopathy ......................................446
    Cell Salts .....................................................446
    Inmaterial Substances (Imponderables) ..................................447
    Bach Flower Essences ..........................................447
    Other Plant and Gemstone Essences .................................447
    Isopathy (Isodes) ...............................................447
    Autoisopathy (Nosodes) .........................................447
    Combination Formulas ............................................449
    Electronic Homeopathy ..........................................449
    Sarcodes .....................................................449
  The Growing Popularity of Homeopathy .....................................449

Detoxification ...........................................450
  It’s a Dirty Job, But Someone Has To Do It ..................................450
  The Pollutants That Surround Us ......................................450
    Endogenous Biochemicals ........................................452
    Synthetic Chemicals and Heavy Metals ................................452
    Radiation ....................................................453
    Pathogens and Their Toxins .......................................458
  Digestive Health ............................................458
    The Brain in the Gut ............................................458
    Digestive Aids ...............................................458
    Colon Restoration .............................................460
      Foods .........................................................461
      Herbs .........................................................461
      Colonics and Enemas ....................................461
  Liver and Gallbladder Detoxification ..................................464
    Liver/Gallbladder Function and Physiology ...............................464
    Liver/Gallbladder Restoration .....................................467
      Foods .........................................................467
      Herbs .........................................................467
      Coffee Enemas .............................................467
      Liver-Gallbladder Cleanse ....................................467
  Kidney Cleansing ............................................467
    Kidney Function and Physiology ....................................467
    Kidney Restoration .............................................468
      Foods .........................................................468
      Herbs .........................................................468
  The Lungs ...................................................468
    Lung Function and Physiology .....................................468
    Lung Restoration ..............................................469
  Lymph Clearing .............................................470
    Activated Charcoal, Clay, and Castor Oil ..............................470
      Activated Charcoal ..........................................471
        Origin of Activated Charcoal ..................................471
        Properties of Activated Charcoal ...............................471
        How To Use Activated Charcoal ................................472
      Clay .........................................................475
        History of Clay Use ..........................................475
        Properties of Clay ............................................476
        How To Use Clays ..........................................478
Castor Oil ........................................ 478
Origin of Castor Oil .......................... 478
Properties of Castor Oil ..................... 479
How To Use Castor Oil ........................ 481
Sauna Therapy .................................. 481
Skin Care ......................................... 485

Sleep and Rest .................................. 486
Sleep ............................................. 486
Effects of Sleep Deprivation ............... 486
Darkness, Noise, and
Electromagnetic Pollution ............ 487
Sleep-Inducing Food and Supplements ... 488
Proper Bedding ................................. 489
Optimal Temperature ........................ 489
Inclined Bed Therapy (IBT) ............... 489
Rest .............................................. 491

Meditation ...................................... 492
This page is intentionally left blank
Unless we put medical freedom in the Constitution, the time will come when medicine will organize itself into an undercover dictatorship to restrict the art of healing to one class of [people] and deny equal privileges to others.

—Benjamin Rush, a signer of the Declaration of Independence

Chapter 4 Outline
All About Frequency Devices and Rife Sessions

How to Best Use This Chapter.................. 515
Precautions for Using this Equipment.................. 516
If You Have a Heart Condition, But Are Not Wearing a Pacemaker .................. 516
    Electrode (Pad) Unit .................. 516
    Radiant Plasma Unit .................. 516
If You Are Wearing a Pacemaker
For Your Heart Condition.................. 516
    Electrode (Pad) Unit .................. 517
    Radiant Plasma Unit With Radio Frequency .................. 517
    Radiant Plasma Unit Without Radio Frequency .................. 518
If You Are Wearing an Autodefibrillator .... 518
If You Are Pregnant .................. 518
    Electrode (Pad) Unit .................. 518
    Radiant Plasma Unit With Radio Frequency .................. 518
    Radiant Plasma Unit Without Radio Frequency .................. 518
If You Are Nursing .................. 518
If You Have Blood Clots .................. 519
    Electrode (Pad) Unit .................. 519
    Radiant Plasma Unit, With or Without Radio Frequency .................. 519
If You Are Taking Pharmaceuticals, Herbs, or Nutritional Supplements .................. 519
If You Are Wearing Metal Implants, Stents, or Breast Implants .................. 519
    Metal Implants .................. 519
    Stents .................. 519
    Breast Implants .................. 519
If You Are Especially Sensitive to High Levels of Concentrated Electromagnetic Radiation .................. 520
If You Cannot Adequately Eliminate the Toxic Waste Materials Released by the Rife Sessions .................. 520
If You Have an Organ Transplant and/or Are Taking Immunosuppressive Drugs .... 520
If You Want to Give Sessions to an Infant or Young Child .................. 520
If You Want to Give Sessions to a Pet, Farm Animal, or Zoo Animal .................. 521
Types of Frequency Devices ............................................... 522
  Basic Unit Construction .............................................. 522
  Mandatory Features of All Units ..................................... 522
    Reliable Frequencies ........................................... 522
    Signal Acceptance by the Body ................................ 522
    Programmable Duration ......................................... 526
    Many Frequencies in Succession (Memory) ..................... 526
    Sweep Function ................................................ 526
  Freestanding Radiant Plasma Unit .................................. 526
    History .......................................................... 526
    Frequency Emitting Component (Tube) ......................... 527
    Power and Frequency Emission Range .......................... 527
    How the Unit is Used ......................................... 528
    Advantages .................................................. 528
    Disadvantages ............................................... 528
  Hand-Held Radiant Plasma Unit ..................................... 528
    History .......................................................... 528
    Frequency Emitting Component (Tube) ......................... 528
    Power and Frequency Emission Range .......................... 529
    How the Unit is Used ......................................... 529
    Advantages .................................................. 529
    Disadvantages ............................................... 529
  Electrode (Pad) Unit ................................................ 529
    History .......................................................... 529
    Frequency Emitting Component (Electrodes) ................... 529
    Power and Frequency Emission Range .......................... 529
    How the Unit is Used ......................................... 530
    Advantages .................................................. 530
    Disadvantages ............................................... 530
  Sweep-Only Units .................................................... 530
  Frequencies on CDs, DVDs and Home Computers ............... 531
  Combination Unit .................................................. 532
  Laser and LED Accessories ........................................ 533
  Zapper ............................................................ 535
  Make Rifing Easy ................................................... 535

What to Look For in a Manufacturer of Frequency Devices ........ 535
  Your Expectations ................................................ 535
  Your Needs ...................................................... 536
  Accessibility of Manufacturer .................................... 536

Customer Service and Technical Support .................................. 536
  Warranty .................................................................. 537
  Money Back Guarantee ............................................. 537
  Repair Record ...................................................... 537
  Ease of Shipping the Unit .......................................... 537
  Fair Price .......................................................... 537
  Claims ............................................................... 538

Frequently Asked Questions .................................................. 539

Frequency Equipment ..................................................... 539

  Q. I have a radiant plasma unit. How far from the light should I sit or lie down? .................. 539
  Q. Will the light from a plasma tube hurt my eyes? .................. 539
  Q. What if something is blocking the light? ....................... 539
  Q. I have been warned about X-rays coming from the plasma light tube. Is this a legitimate concern? .......... 539
  Q. Can I be harmed by the radio frequency (RF) emitted by a device? .......... 540
  Q. Different machines use different RF carrier waves. Does it matter what the carrier wave is? ....... 542
  Q. I have an electrode (pad) unit. Where should I place the electrodes? .............. 542
  Q. Sometimes when I use the electrodes, my skin develops a rash or blisters. What should I do? ........ 543
  Q. Can I use an electrode and radiant plasma unit at the same time? ........... 544
  Q. Is it true that radiant plasma devices work better than electrode devices? ........ 544
  Q. My machine doesn’t allow me to program frequencies into it. Instead, it uses code numbers that correspond to channels with preprogrammed frequencies. Does it matter that I don’t know what frequency I’m getting? .......... 545
  Q. My rife machine has a feature called sweep. What does this do? .............. 545
Q. How do I know if I’m having a detox (Herx) reaction from rifing or if I’m feeling ill because of the RF from my unit? ........................................564

Q. Why do some people feel worse immediately after having a rife session, while other people feel better? ..............565

Q. Due to a Herxheimer response, I cannot rife as often as I need to. How can I lessen or eliminate these detox reactions? ........................................566

Q. If a temporary irregular heartbeat is one possible consequence of microbial die-off, how can this be distinguished from the medical condition known as arrhythmia? ....................................567

Q. How many frequencies should I use per session? ..................................567

Q. For how long should each frequency be administered? ...............................567

Q. How many days should I allow between sessions? ......................................568

Q. After I’m free of symptoms, for how long should I continue the sessions? .....568

Q. I’m elderly, and very weak from being ill for so long. How should I proceed? .....569

Q. Can I address more than one condition at once, or should I use my device for different conditions on alternate days? .569

Q. I’d like to decrease the amount of time I spend rifing. Some machines can transmit several frequencies simultaneously. Are they reliable? .........................547

Q. Do rife machines require special care? .548

Q. Will my rife machine affect other electronic equipment? ..........................548

Q. My large heavy unit, which runs on a computer, is on a metal cart so I can wheel it from room to room. When I turn it on, the display is distorted. Why? ....548

Q. I’m nervous about using equipment that’s used for serious therapy. Aren’t rife machines difficult to operate? ....559

Q. Diagrams on the Internet explain how to build a rife machine. How hard could it be to construct my own? .......................559

Q. Why do manufacturers charge so much? Don’t they care about people’s lives? ....560

Q. I’m convinced that I need to buy my own unit. Should I try to obtain a real rife machine? .................................560

Q. Some rife units in the US are approved by the FDA. Are these machines better than the ones that aren’t approved? ......560

Rife Sessions—When Using Any Machine ...561

Q. What is a Herxheimer reaction? ..........561

Q. What can I expect to feel during a rife session? ........................................562

Q. What’s the difference between a detox (Herxheimer) reaction from rifing and actually being sick? They feel similar. ..563

Q. How do I know if I’m having a detox (Herx) reaction from rifing or if I’m feeling ill because of the RF from my unit? .................................564

Q. Why do some people feel worse immediately after having a rife session, while other people feel better? ..............565

Q. Due to a Herxheimer response, I cannot rife as often as I need to. How can I lessen or eliminate these detox reactions? ........................................566

Q. If a temporary irregular heartbeat is one possible consequence of microbial die-off, how can this be distinguished from the medical condition known as arrhythmia? ....................................567

Q. How many frequencies should I use per session? ..................................567

Q. For how long should each frequency be administered? ...............................567

Q. How many days should I allow between sessions? ......................................568

Q. After I’m free of symptoms, for how long should I continue the sessions? .....568

Q. I’m elderly, and very weak from being ill for so long. How should I proceed? .....569

Q. Can I address more than one condition at once, or should I use my device for different conditions on alternate days? .569

Q. I’d like to decrease the amount of time I spend rifing. Some machines can transmit several frequencies simultaneously. Are they reliable? .........................547

Q. Do rife machines require special care? .548

Q. Will my rife machine affect other electronic equipment? ..........................548

Q. My large heavy unit, which runs on a computer, is on a metal cart so I can wheel it from room to room. When I turn it on, the display is distorted. Why? ....548

Q. I’m nervous about using equipment that’s used for serious therapy. Aren’t rife machines difficult to operate? ....559

Q. Diagrams on the Internet explain how to build a rife machine. How hard could it be to construct my own? .......................559

Q. Why do manufacturers charge so much? Don’t they care about people’s lives? ....560

Q. I’m convinced that I need to buy my own unit. Should I try to obtain a real rife machine? .................................560

Q. Some rife units in the US are approved by the FDA. Are these machines better than the ones that aren’t approved? ......560

Q. How do I know if I’m having a detox (Herx) reaction from rifing or if I’m feeling ill because of the RF from my unit? .................................564

Q. Why do some people feel worse immediately after having a rife session, while other people feel better? ..............565

Q. Due to a Herxheimer response, I cannot rife as often as I need to. How can I lessen or eliminate these detox reactions? ........................................566

Q. If a temporary irregular heartbeat is one possible consequence of microbial die-off, how can this be distinguished from the medical condition known as arrhythmia? ....................................567

Q. How many frequencies should I use per session? ..................................567

Q. For how long should each frequency be administered? ...............................567

Q. How many days should I allow between sessions? ......................................568

Q. After I’m free of symptoms, for how long should I continue the sessions? .....568

Q. I’m elderly, and very weak from being ill for so long. How should I proceed? .....569

Q. Can I address more than one condition at once, or should I use my device for different conditions on alternate days? .569

Q. I’d like to decrease the amount of time I spend rifing. Some machines can transmit several frequencies simultaneously. Are they reliable? .........................547

Q. Do rife machines require special care? .548

Q. Will my rife machine affect other electronic equipment? ..........................548

Q. My large heavy unit, which runs on a computer, is on a metal cart so I can wheel it from room to room. When I turn it on, the display is distorted. Why? ....548

Q. I’m nervous about using equipment that’s used for serious therapy. Aren’t rife machines difficult to operate? ....559

Q. Diagrams on the Internet explain how to build a rife machine. How hard could it be to construct my own? .......................559

Q. Why do manufacturers charge so much? Don’t they care about people’s lives? ....560

Q. I’m convinced that I need to buy my own unit. Should I try to obtain a real rife machine? .................................560

Q. Some rife units in the US are approved by the FDA. Are these machines better than the ones that aren’t approved? ......560

Q. How do I know if I’m having a detox (Herx) reaction from rifing or if I’m feeling ill because of the RF from my unit? .................................564

Q. Why do some people feel worse immediately after having a rife session, while other people feel better? ..............565

Q. Due to a Herxheimer response, I cannot rife as often as I need to. How can I lessen or eliminate these detox reactions? ........................................566

Q. If a temporary irregular heartbeat is one possible consequence of microbial die-off, how can this be distinguished from the medical condition known as arrhythmia? ....................................567

Q. How many frequencies should I use per session? ..................................567

Q. For how long should each frequency be administered? ...............................567

Q. How many days should I allow between sessions? ......................................568

Q. After I’m free of symptoms, for how long should I continue the sessions? .....568

Q. I’m elderly, and very weak from being ill for so long. How should I proceed? .....569

Q. Can I address more than one condition at once, or should I use my device for different conditions on alternate days? .569

Q. I’d like to decrease the amount of time I spend rifing. Some machines can transmit several frequencies simultaneously. Are they reliable? .........................547

Q. Do rife machines require special care? .548

Q. Will my rife machine affect other electronic equipment? ..........................548

Q. My large heavy unit, which runs on a computer, is on a metal cart so I can wheel it from room to room. When I turn it on, the display is distorted. Why? ....548

Q. I’m nervous about using equipment that’s used for serious therapy. Aren’t rife machines difficult to operate? ....559

Q. Diagrams on the Internet explain how to build a rife machine. How hard could it be to construct my own? .......................559

Q. Why do manufacturers charge so much? Don’t they care about people’s lives? ....560

Q. I’m convinced that I need to buy my own unit. Should I try to obtain a real rife machine? .................................560

Q. Some rife units in the US are approved by the FDA. Are these machines better than the ones that aren’t approved? ......560

Q. How do I know if I’m having a detox (Herx) reaction from rifing or if I’m feeling ill because of the RF from my unit? .................................564

Q. Why do some people feel worse immediately after having a rife session, while other people feel better? ..............565

Q. Due to a Herxheimer response, I cannot rife as often as I need to. How can I lessen or eliminate these detox reactions? ........................................566

Q. If a temporary irregular heartbeat is one possible consequence of microbial die-off, how can this be distinguished from the medical condition known as arrhythmia? ....................................567

Q. How many frequencies should I use per session? ..................................567

Q. For how long should each frequency be administered? ...............................567

Q. How many days should I allow between sessions? ......................................568

Q. After I’m free of symptoms, for how long should I continue the sessions? .....568

Q. I’m elderly, and very weak from being ill for so long. How should I proceed? .....569

Q. Can I address more than one condition at once, or should I use my device for different conditions on alternate days? .569

Q. I’d like to decrease the amount of time I spend rifing. Some machines can transmit several frequencies simultaneously. Are they reliable? .........................547

Q. Do rife machines require special care? .548

Q. Will my rife machine affect other electronic equipment? ..........................548

Q. My large heavy unit, which runs on a computer, is on a metal cart so I can wheel it from room to room. When I turn it on, the display is distorted. Why? ....548

Q. I’m nervous about using equipment that’s used for serious therapy. Aren’t rife machines difficult to operate? ....559

Q. Diagrams on the Internet explain how to build a rife machine. How hard could it be to construct my own? .......................559

Q. Why do manufacturers charge so much? Don’t they care about people’s lives? ....560

Q. I’m convinced that I need to buy my own unit. Should I try to obtain a real rife machine? .................................560

Q. Some rife units in the US are approved by the FDA. Are these machines better than the ones that aren’t approved? ......560

Rife Sessions—When Using Any Machine ...561

Q. What is a Herxheimer reaction? ..........561

Q. What can I expect to feel during a rife session? ........................................562

Q. What’s the difference between a detox (Herxheimer) reaction from rifing and actually being sick? They feel similar. ..563
Q. Is it true that the metal in the electrodes can get into the body? If so, what can I do to minimize harm? .........................571

Q. I use an electrode unit. How can I ensure that the signal is getting into my body? ........................................ 571

Q. Can I use WiFi while I’m using the equipment? ........................................ 571

Q. Can I do other therapies along with the rife sessions? ........................................ 571

Q. Do I need a special diet or nutritional support while rifing? ........................................ 571

Q. I’m doing many complementary therapies in addition to rife sessions. How do I know which protocol is helping me? ........................................ 572

Q. My partner is ill, and uses a radiant plasma machine daily. Will my children or I be negatively affected if we’re in the same room? ........................................ 572

Q. Rifing with my radiant plasma device helped me eliminate a cold. My daughter, who also had a cold, said that she felt the signal when she was in the next room. She’s no longer sick. Can the frequencies really penetrate a wall? ............................... 572

Q. How do I use the stimulating and normalizing frequencies? ........................................ 572

Q. Does it matter which direction the light tube is facing? ........................................ 572

Q. What if I don’t get any results from the frequency sessions? ........................................ 573

Q. I was getting very good results when rifing for a chronic condition until I took a two-week break. Now the same frequencies don’t seem to be working. Why? ........................................ 573

Q. Can the frequencies in The Rife Handbook be converted into radionics rates? If not, what’s the difference between rifing and radionics? ........................................ 573

---

**Frequency Selection and Pathogen Response** .................................................. 574

Q. How do the frequencies work? ........................................ 574

Q. How were the frequencies in The Rife Handbook calculated? ........................................ 575

Q. I have a diagnosis from my doctor. How do I know which frequencies to use? ........................................ 577

Q. What if I don’t have a diagnosis, and don’t know which pathogens are involved in my condition? ........................................ 577

Q. Is muscle testing a valid way to figure out which frequencies will work for me? ........................................ 579

Q. Instead of individual frequencies, why can’t we use all of them in succession— especially if we don’t know which ones are needed? ........................................ 579

Q. Why are different frequencies sometimes listed for the same condition? And why are the same frequencies often given for two different pathogens? ........................................ 579

Q. Do higher frequencies work better than lower frequencies? ........................................ 580

Q. What are “audio range” frequencies? ........................................ 580

Q. My unit goes up to only 20,000 Hz. But my condition requires many frequencies that are over 60,000 Hz. What should I do? ........................................ 580

Q. I heard that you get better results using a higher number derived from a calculator found on the Internet. Where can I obtain this calculator? ........................................ 580

Q. Some frequencies are said to regenerate an organ or gland, rather than kill pathogens. How is this possible? And why didn’t Royal Rife address this? ........................................ 581

Q. My unit has settings for different shaped waves: square, sine, and sawtooth. What’s the difference between them? ........................................ 582

Q. How do I know that Rife Therapy is safe? If it kills pathogens, won’t it harm me? ........................................ 582
Q. Most rife units that shatter or disable pathogens under a microscope or in a Petri dish are unable to achieve the same result in live human beings. Why? Is there something wrong with the machine? ........................................ 582

Q. If the frequencies are so effective, why do I need to use the machine more than once? ................................ 583

Q. Pathogens can become resistant to antibiotics. Can they develop a similar immunity to frequencies and proliferate? ........................................ 584

Q. How much frequency drift is allowable for the rife equipment to still be effective in destroying pathogens? ...... 584

Q. There are some units that deliver frequencies in rapid succession, usually in the high range. Are these machines effective? ........................................ 585

Q. Is there any other equipment that’s compatible with Rife Therapy that might help me? .......................... 585

Practitioners and Rife Therapy ............... 586

Q. My doctor says that if Rife Therapy really worked, he’d know about it. So how can I be sure that it’s effective? .... 586

Q. Instead of buying my own machine, shouldn’t I see a doctor or qualified rife practitioner for sessions? I’m afraid I won’t know what I’m doing and will hurt myself. ........................................ 586

Q. I have a serious illness and require medical supervision. How can I find a doctor to work with while I give myself rife sessions—someone who’s knowledgeable about Rife Therapy? .... 586

Q. I want to try Rife Therapy before buying a unit, to see if the technology works. How can I find a health professional who has a rife machine? .......................... 587

Q. I am a health practitioner and want to use a rife machine in my office. What do I need to know? ................. 588

General Health ........................................ 590

Q. Rifting relieved pain I had for decades. If the frequencies are supposed to kill pathogens, why would they work for pain? ........................................ 590

Q. I’ve been taking powerful drugs for my condition. Can I still give myself rife sessions? .......................... 590

Q. Are there any conditions that rifing can’t help? .......................... 590

Updates on Rife Technology, Research, and Legal Issues ........................................ 590

Q. How effective is the therapy if the machine I’m using wasn’t built by Royal Rife himself? Is it possible to obtain an original Rife Ray? ........................................ 590

Q. Are any of Rife’s microscopes still in existence? And do they work? .......... 590

Q. If Rife Therapy is successful, why haven’t I heard about it? .................. 590

Q. Where can I find documentation of successful clinical trials showing that Rife Therapy has cured illness? And where is this technology being used today? .... 592

Q. Where can I find the devices you mention in this book? .................. 593

Q. Why don’t you discuss [a particular] machine? .................. 593

Q. Why don’t you, the author, manufacture or sell frequency devices? .................. 594

Q. How can I learn more about Rife Therapy? .................. 594

A Short Course on How to Give Yourself a Rife Session .................. 595

Q. Most rife units that shatter or disable pathogens under a microscope or in a Petri dish are unable to achieve the same result in live human beings. Why? Is there something wrong with the machine? ........................................ 590

Q. If the frequencies are so effective, why do I need to use the machine more than once? ................................ 590

Q. Pathogens can become resistant to antibiotics. Can they develop a similar immunity to frequencies and proliferate? ........................................ 590

Q. How much frequency drift is allowable for the rife equipment to still be effective in destroying pathogens? ...... 590

Q. There are some units that deliver frequencies in rapid succession, usually in the high range. Are these machines effective? ........................................ 590

Q. Is there any other equipment that’s compatible with Rife Therapy that might help me? .......................... 590

Q. My doctor says that if Rife Therapy really worked, he’d know about it. So how can I be sure that it’s effective? .... 590

Q. Instead of buying my own machine, shouldn’t I see a doctor or qualified rife practitioner for sessions? I’m afraid I won’t know what I’m doing and will hurt myself. ........................................ 590

Q. I have a serious illness and require medical supervision. How can I find a doctor to work with while I give myself rife sessions—someone who’s knowledgeable about Rife Therapy? .... 590

Q. I want to try Rife Therapy before buying a unit, to see if the technology works. How can I find a health professional who has a rife machine? .......................... 590

Q. I am a health practitioner and want to use a rife machine in my office. What do I need to know? ................. 590
Some patients, though conscious that their condition is perilous, recover their health simply through their contentment with the goodness of the physician.
— Hippocrates, “Father of Medicine” Greek physician (460–400 BC)

Chapter 5 Outline
Frequency Directory

This outline does not include single, stand-alone entries, which are in alphabetical order.

Arthritis .................................................. 610
Bacteria .................................................... 615
Blood Sugar Problems ................................. 642
Bone and Skeleton ....................................... 644
Brain and Nervous System,
Mind and Emotions ................................. 647
Cancer ...................................................... 668
Candida, Fungi, Molds and Yeasts .............. 684
Chemical Sensitivity / Poisoning ............... 695
Dental ....................................................... 700
   Mouth and Gums ...................................... 702
   Teeth ..................................................... 705
Ears ......................................................... 708
Eyes ......................................................... 710
Gastrointestinal Tract ................................. 717
   Systemic Conditions ................................. 718
   Colon / Large Intestine ............................ 720
   Small Intestine ....................................... 725
   Stomach and Esophagus ......................... 727
Glands ...................................................... 730
   Adrenals ................................................ 730
   Pancreas ............................................... 733
   Parathyroid ........................................... 733
   Pineal .................................................... 734
   Pituitary ............................................... 734
   Thymus .................................................. 734
   Thyroid ................................................. 734
Headache ............................................... 740
Heart, Blood and Circulation .................. 741

Injuries ........................................... 750

Insect Bites ....................................... 752

Liver and Gallbladder ......................... 755
  Liver ........................................... 755
  Gallbladder .................................. 760

Lymphatic System ............................... 761

Men .................................................. 764
  Penis ......................................... 764
  Prostate ...................................... 765
  Sexual Functioning ........................... 766
  Testicles ...................................... 766
  Urinary ........................................ 767

Muscles ............................................. 772

Parasites, Protozoa and Worms ............... 780

Regeneration and Healing ..................... 793

Respiratory Tract ............................... 797
  Lungs .......................................... 797
  Nose and Sinuses ............................... 800
  Throat and Lymph Nodes ...................... 802
  Vocal Cords .................................. 805

Skin ................................................. 808

Tuberculosis, All Types ....................... 818

Tumors, Benign .................................. 819

Ulcers .............................................. 820

Urinary Tract .................................... 821
  Bladder and Urethra ........................... 821
  Kidneys ......................................... 822

Viruses ............................................ 824

Women .............................................. 841
  Breasts ........................................ 841
  Menstruation and Menopause ................. 841
  Sexual Functioning ............................ 842
  Uterus and Cervix, Ovaries, and Fallopian Tubes ............................... 843
  Vagina and Labia ............................... 845
Slowly an apprehension of the intimate, usable power of God is growing among us, and a growing recognition of the only worthwhile application of that power—in the improvement of the world.

—Charlotte Perkins Gilman, American writer, poet, lecturer, social critic and activist (1860–1935)

Chapter 6 Outline
Creating a Better World, Inside and Out

Introduction ........................................ 855

The Personal ......................................... 856
The Trauma of Illness and Death ............... 856
What To Say and What Not To Say to Someone Who’s Grieving ............ 857
The Five Stages of Dying ......................... 858
  Denial and Isolation ........................... 859
  Anger ........................................... 859
  Bargaining ..................................... 859
  Depression ..................................... 859
  Acceptance ................................... 859
The Need to Let Go ............................... 860
Doctor Support, or Lack of It .................. 861

The Political ...................................... 864
A Few With The Most ............................ 864
When Corporations Govern ..................... 868
  Establishing Power .......................... 868
  Global Bullying and Political Consent .... 869
  Legal Thefts .................................. 869

Dominator Paradigm Propaganda .......... 873
  Public Relations Strategies ............... 873
  When Public Relations Becomes Law .... 875
Privacy In This Electronic Age .............. 877
The Battle to Reclaim Our Bodies .......... 878
Beyond Politics .................................. 879

The Transcendent ................................ 879
A Paradigm of Cooperation ................... 879
Research Outside the Box ..................... 880
  The Interconnection of Quantum Particles .................................. 880
  The Human as Hologram ........................ 881
  The Power of Prayer .......................... 882
  The Power of Long Distance Healing .... 882
  The Power of Group Intention ............. 883
  Healing with the Heart ...................... 884
  The Structure of Water ...................... 885
  Changing Our DNA .......................... 886
Love As a Resonance ........................... 888
Self-Empowerment Equals
  Spiritual Maturity ............................ 890
Note: Not every microbe and disease in Chapter 5 (the Frequency Directory) is included here, because Chapter 5 is in itself an annotated index. However, this index does contain all of the primary (overview) categories in Chapter 5 and a few important health conditions listed in subheadings. For a complete directory of diseases, along with their frequencies, see Chapter 5.

Also note: A huge number of valuable books and research papers were used in the writing of this book. Space limitations made it impossible to list all the prominent authors and their publications. Therefore, the individuals listed here are limited to historical figures involved with Royal Rife, influential people in the modern Rife community who were quoted rather extensively, and selected scientists involved with medical research. No slight is intended of those who were omitted. You can always find these people and their work in the Endnotes and in References.

#4 machine Rife clinic frequencies, 806
5-hydroxytryptophan (5-HP). See Tryptophan
714X, 233

A
Abrams, Albert, 218, 938
AC current, 13–14
Acetaldehyde, 19, 398, 651, 686–688
Acid-alkaline balance. See pH
Acid/alkaline minerals in water, 254, 256–257, 263
Acid reflux, 727–728
Acne, 809
Acrylamides, 350
ACTH (adrenocorticotrophic hormone), 691, 734
Activated charcoal
chelation and, 625
digestive health and, 717
for Candida, 687
chelation and, 625
how to use, 472–475
overview, 470–475
properties, 470–472
insect bites and, 752
Acupressure, 425
Acupuncture, 425–426
Adams, Mike, 116, 120, 135, 57–58, 223, 839
Adaptogenic herbs, 618
ADD (Attention Deficit Disorder), 39, 60, 67, 70–74, 653
Addiction, drug (in children), 52–55, 62–68
Adenoviruses, 777–778, 825
ADHD (Attention Deficit Hyperactivity Disorder). See ADD
Adrenal glands
ailments of and frequencies for, 730–732
effect of caffeine on, 269
emotions and, 422–423
function of, 730–732
nutrients and herbs for, 731
sugar and, 321
Aerobic defined, 389
Aerobic exercise, 413
Agave syrup, 332–334
Agent Orange, 139
AIDS/HIV, 402–403, 835
Air purification equipment, 897
Akre, Jane, 45–46
Alcohol
alcoholism, overview and frequencies for, 651
as cause of disease, 19
dangers of, 362
Rife’s alcoholism, 222
Alexander Technique, 429
Alexander-Jackson, Eleanor, 231–232
Algae
as food, 453,
B12 analogue and, 277, 376, 455
photo through Rife’s microscope, 202
for protection from radiation, 455
Alkaline water, 254, 263
Allergies
to dairy, 300–306
and food intolerances, 301, 306, 485
therapies for, 608–609
to wheat, 312–318
Aloe vera
for cancer, 159–160
digestive tract and, 318, 726
H₂O₂ content, 392
hemorrhoids and, 724
insulin resistance and, 643
and skin care, 485, 809
source of, 904
Allopathic medicine
attachment to, 170–171
defined, 6
place for, 6
vs. holistic medicine, 168
Alopecia, 740
Alloxan, 312, 339, 347
Alpha Lipoic Acid (ALA), chelation and, 624, 646
“Alternative” healing.
See Holistic healing/holistic medicine
“Alternative” medicine organizations, 901–903
Altman, Nathaniel, 390, 391, 396
Aluminum
dangers of, 252, 356
detoxifying from, 624–626
in vaccines, 92, 93
Alzheimer’s disease
and aluminum, 92, 122
and Vitamin B₁₂, 348
overview for, 651–652
Amazon.com Inc., employee and financial strategies, 865–867
Ambien (zolpidem), “side” effects of, 25–26
American Diabetes Association (ADA).
See also Fishbein, Morris
American Medical Association (AMA).
See also Fishbein, Morris
attack on Rife’s ray devices, 222, 226–228
attack on Rife, 220–222
defense of aspartame, 337
history of, 916
political influence of, 44
Royal Lee and, 376
Amino acids, 372, 648, 654, 778
Amoebic dysentery, 718, 756
AMP-K (activated protein kinase), 778
Amplitude (of wave), 532, 548, 570, 922
Amyloidosis, 792
Amyotrophic Lateral Sclerosis (ALS), 652
Anabolic metabolic functions, 371
Anaerobic
defined, 389
exercise, 413
Anemia, all types, 742–743
Animals
cruelty in food industry toward, 284–288, 293, 295–296
drug production and, 26, 88
grain fed, 295–296
grass fed, 295
heirloom, 293
lab testing and, 31
natural use of frequencies by, 730, 754
naturally raised, 295
rife session cautions with, 522
as sentient beings, 283
Anthrax, 615, 619
Anti-aging, exercise and, 415
Antibiotics
colloidal silver as, 402–403
for Lyme disease, 622
microbe behavior and, 24, 193
in our foods and water, 143–144
Antidepressants, 53–58, 70, 134. See also Psychotropic drugs
Anti-inflammatory effects of exercise, 415
Appendicitis, 721–722
Applied Kinesiology, 575
Approval process for drugs, 36
Aqua Tune water bottle (Tuning Element), 950
Argyria, 406–409
Arrhythmias, heart, 567
Artemisinin, 669, 787
Arthritis
frequencies for, 610, 612–613
nutrition for, 610
overview, 610, 611
Artificial sweeteners. See also Aspartame; High fructose corn syrup (HFCS); Sorbitol; Splenda; Sucralose; Xylitol and sugar alcohols
negative effects of, 275, 334–338
overview, 341
Aspartame
approval process and, 46–48
defense by AMA, ADA and FDA, 337
“side” effects, 46–48
weight gain and, 336
Asthma, 798
Athlete’s foot, 810
Atoms
electromagnetic spin of, 254
ionization and, 253–254
Attention Deficit Disorder (ADD). See ADD (Attention Deficit Disorder)
Attention Deficit Hyperactivity Disorder (ADHD). See ADD (Attention Deficit Disorder)
Audio range (frequencies), 580
Autism
aluminum and, 92
Cutler protocol for, 625–626
glyphosate and, 140
thimerosal (mercury) and, 91, 94, 109
MMR vaccine and, 114–117
overview and pathogens possibly involved in, 653–655
rates, 1980s compared to today, 93
television and, 149
Autodefibrillators, rife session cautions with, 518
Autoimmune disorders
autoimmune thyroiditis (Hashimoto’s), 737
frequencies for, 614
Beverages and health drinks
harmful, 269–275
for moderate use, 275–276
healthy, 276–278
BGH. See rBGH (recombinant bovine growth hormone)
Biochemistry, food requirements and, 279–281
Biofilms
overview, 616–618
destruction of, 617–618
frequencies for, 620
Biophotons in raw food, 354, 356
Biopsies, dangers of, 28, 669
Biotin (Vitamin B7)
for Candida, 687
deficiency and egg white, 299
BioWave 21 LCD and BioWave 77 contact pad devices (Medi Gen Technology), 655
Bipolar disorder, 655–656
Bird flu, politics of, 826
Birds
cage free, 293
cruelty in food industry, 285–286
free range, 293
pastured poultry, 296
Bisphenol-A (BPA), 261, 353
Bitter melon, 643
Black cumin seed (Nigella sativa) oil, 669–670, 778
Black Salve (Cansema), 683
Black tea, 275
Black walnut, 781
Bladder infections
frequencies for, 821–822
overview, 821
herbs for, 820
The Blood and Its Third Anatomical Element (Béchamp), 190
Blood-brain barrier, 315, 342
Blood clots, rife session cautions with, 519, 595
Blood plasma, pH of, 9
Blood disorders. See Heart conditions
Blood sugar problems,
frequencies for, 644
overview, 642–644
herbs for, 645
The Blood and Its Third Anatomical Element (Béchamp), 190
Body-mind therapies, 897
Bodywork
basics of, 420–423
chiropractic, 428–429
craniosacral therapy, 428
massage, 423–424
myofascial release, 424–425
Oriental energy modalities, 425–426
Rubenfeld synergy, 429–430
Boehm, Charlene, 576–577, 806, 909
Bone and skeletal problems
frequencies for, 644–647
nutrition for, 645
overview, 644–645
Rife Therapy for bone in a cast, 646
Cancer

Black Salve, 683
biopsies, dangers of, 28, 669
BX/BY organisms, 198, 225, 672, 675–676
a concise guide to rifeing for, 676–679
frequencies for, 672–675, 680–683
frequency therapy and, 389–393
normalizing tissue with colloidal silver, 403–404
overview, 668–671
ozone saunas and, 400
pathogens as studied by Olbrich, 236–239
pleomorphism and, 198
rate of increase, 1
and Rife Ray case studies, 217, 219
rife sessions following allopathic treatments, 679
running two machines simultaneously for, 673
session protocols for, 387–389
theories about, 225
treatment resources, 898
tumor response to frequencies, 678

Candida albicans

coconut oil and, 310–311
in colon, 458, 459
fermented foods and, 353
frequencies for, 685–686, 688–689, 692–694
mold and Lyme toxins and, 690–691
overview, 684–685
Simoncini treatment and, 668
wheat and, 314, 191

Candida, fungi, molds and yeasts

antifungal essential oil blend recipe, 693
frequencies for, 685–686, 688–689, 692–694
mold and Lyme toxins and, 690–691
overview, 684–685

Cannabis, 364–365, 904

Canning foods, 353

Canola oil, dangers of, 289, 290, 309–310

Cansema. See Black Salve (Cansema)

Capacitance, defined, 532

Capillaries, blood and lymph, 413–415

Carbohydrate intolerance, 316, 319, 322–324, 331.
See also Obesity

Carcinoma. See also Cancer
defined, 675

virus, viewing of, 197

Cardiovascular system, exercise and, 413–414. See also Heart

Carrel, Alexis, and chicken heart experiment, 255

Carrier waves, 214, 224, 517, 520, 540–542, 548, 563, 568

Case studies of Rife Ray, 216–220

Casein, 301–306

Castor oil

how to use, 480, 481

origin and history of, 478–479
properties of, 479, 481

scar tissue and, 847

skin care and, 809

Catabolic metabolic functions, 371
INDEX

Catalase, 303

Cataracts
advanced glycation end products (AGEs) and, 316
Christopher’s Herbal Eye Formula for, 711
defined, 711–712
frequencies for, 712
ultraviolet light and, 431
Vitamin F and, 434

Cats
diet for, 355
diseases of. See listings in Chapter 5
purring, 754

Cat’s claw herb, 102, 618, 622, 782, 792

Cavitations, 700–701

CDs/DVDs/computers, frequencies on, 531–532

CDC. See Centers for Disease Control (CDC)
CEA (carcinoembryonic antigen), 678

Cedar berries, 643

Celiac disease, 314, 319, 614

Cells
cell-wall-deficient bacteria, 620, 633
interconnectedness of, 168–169

Cellulite, 778

Cellulitis, 695

Centers for Disease Control (CDC). See also Tuskegee Experiment

Ebola and, 830
manipulated statistics and, 107, 109, 118–119
thimerosal data and, 94, 109
truth about, 84
vaccines and, 80–81, 83–84, 88, 93, 112, 114, 116, 838

Cervix related conditions, 843

Chaparral herb, 102, 467, 622, 683, 684, 687

Charcoal, activated. See Activated charcoal

Chemicals
common toxic, 973–987
disease-causing, 9
prevalence of, 483
safe substitutes for, 989–996
toxicity of, 452–453
in vaccines, 95

Chemical sensitivity/poisoning. Also see Chemicals
overview, 695–697

Chemo “therapy”
overview, 675, 679
survival rates, 668

Chemtrails, 697–698

Chicory as coffee substitute, 272

Children, drugging
addiction consequences, 52–55, 62–63
electronic media as drug, 145
lawsuits concerning, 68–71
psychotropic drug effects, 63–64, 66–68
Children, rife session cautions with, 521–522
Chi-Lel qigong, 426
Chiropractic, 428–429

Chlamydia infections, 630, 822, 845

Chlorella
and B12 analogues, 277
blood sugar regulation and, 643
chelation and, 625
radiation protection and, 453

Chlorine
food preparation and, 286, 299, 312, 347, sucralse and, 336, 338
in water, 251, 256, 414

Chlorine dioxide (MMS), 618, 693, 829

Chlorophyll, 268, 276, 438

Chocolate, 359–361

Cholera, 641

Chromium, 643, 778

Chronic Fatigue Syndrome (CFS), 831–834.

Cigarette smoking, 362–364

Cilantro, chelation and, 624

Cinnamon bark
essential oil, as anti-microbial, 457, 829, 618
and blood sugar levels, 643
in dental products, 703
fungal infections and, 684, 693
as respiratory inhalant, 797
and skin tags, 814
in spice drink recipe, 278
types of, 278

Circulatory problems. See Heart conditions

Cis-fats, 345

Cistus incanus, 618, 622

Clark, Hulda, 535, 576, 788

Clay
digestive health and, 717
history of use, 475
how to use, 477
insect bites and, 752
properties of, 476, 478
skin care and, 809
source for, 904
types of, 476

Cleansing. See Detoxification

Clients vs. patients, 170, 880

Clinical trials
administration of drugs and, 32, 33
animals and, 31
double-blind studies, 34–35
duration of, 33
false comparisons in, 32
lack of, 35
multiple drugs and, 33
placebos and, 34
population tested, 32–33
disclosing results and, 35
rife technology, 592–593, 969–970
testing on humans vs. animals, 32
water consumption and, 34

Cloned animals as food, 291–292

Clostridium
botulinum, 330
difficile, 630
Clove bud, 781
Clustered water, 263, 264
Coconut oil, 309–311
Coconut water, 742
Coded frequency devices, 545
Coenzyme Q10 (CoQ10)
  heart conditions and, 742
  for Lyme disease, 623, 624
  radiation protection and, 456
  statin drugs and, 137, 139
Co-factors in supplements, 375
Coffee
  overview, 269–272
  enema, 461–464
  substitute, 272
Colas. See Sodas, negative effects of
Cold packs, 773
Cold pasteurization/electronic pasteurization, 291
Cold plasma ozone method, 398–399
Cold pressed oils, 309
Cold exposure protocol. See Wim Hof
Colic, 722
Colitis, 314, 721, 722
Colloidal, defined, 406
Colloidal minerals. See Ions
Colloidal silver (CS), 401–412
  argyria and toxicity, 406–408, 409
  for Candida, 687
  contraindications, 404
  disabling pathogens, 402–403, 412
  enhancing immunity, 403
  external use, 412
  generators, 408, 420, 898
  history of, 401–402
  inhalation of, 412
  internal use, 411–412
  for Lyme disease, 622
  making your own, 404, 406
  normalizing cancer tissue, 403–404
  online discussion group, 898
  particle size, 406
  silver compounds, 406–408
  storing, 410
  uses for, 411
Colon. See also Gastrointestinal tract problems
  colonics and enemas, 461–464
  conditions of and frequencies for, 720–725
  laxatives and stool softeners, 461
  overview, 720–721
  restoration, 460–464
Colonics, 461–464
Color therapy. See Light and color therapy
Colostrum. See also Proline-rich Polypeptides (PRPs)
  benefits of, 126–129
  for Lyme, 623
Comparet, Bertrand, 221, 222, 229
Complementary medicine. See Holistic healing/holistic medicine
  Complementary (holistic) therapies, list of, 897–911
Confined Animal Feeding Operations (CAFOs). See Factory farmed food
Conflicts of interest, Big Pharma 43–52
Conjugated Linoleic Acid (CLA), 304
Conjunctivitis (pink eye), 712
Connective tissue cleavage planes, 425–426
Consolidated Annotated Frequency List (CAFL), 576, 906
Constipation, 461, 472, 473, 480, 719
Construction of frequency devices, 522, 526
Contact Reflex Analysis (CRA), 575
Conventional medicine. See Allopathic medicine
Copper
  importance of, 258
  and melanin, 435
Corn
  allergy to, 333
  amino acid levels and, 312
  foods containing, 333
  prolamins and, 312
  syrup, high fructose, 332
Corona discharge ozone method, 398
Corporations. See also Amazon.com Inc.; Dominator paradigm;
  Privacy; Wealth distribution statistics
  control of water resources, 870
  dominance of, 865–869
  public relations strategies of, 873–875, 877
Cortisol, stress response and, 269, 321, 422, 730–731
Cost of frequency devices, 537–538, 560
Couche, James B., 219, 220, 226
Craniosacral Therapy (CST), 428
Crime, food as solution to, 346
Crohn's Disease
  overview and frequencies for, 723
Crook, William, 686
CS. See Colloidal silver (CS)
Cullen, Ben, 218, 221, 222
Curcumin. See Turmeric root
Cold exposure protocol.
  See Wim Hof
Craniosacral Therapy (CST), 428
Crime, food as solution to, 346
Crohn’s Disease
  overview and frequencies for, 723
Crook, William, 686
CS. See Colloidal silver (CS)
Cullen, Ben, 218, 221, 222
Curcumin. See Turmeric root
Current, electrical, 13–14, 356, 532, 972
Cushing’s Syndrome (hyperadrenocorticism), 732
Customer service for frequency devices, 536–537
Customized frequency programs, 576, 577
Cylindrical electrodes. See Electrodes
Cystitis, 821
Dairy. See also Milk
  as dietary staple, 300–306
  insulin resistance and, 643
Dandelion (as herb), 366, 460, 467, 757, 792, 927
Databases
  of frequencies, 532, 576, 902, 907
  Frequency Directory (Chapter 5), 601–852
  practitioners, 903–904, 906
  health organizations, 903–904
Date sugar, 327
Death
  five stages of dying, 858–859
  trauma of, 856–858
“Death by Medicine,” 23, 26, 28, 29, 30, 33, 74, 143, 857
Decontamination of water, 252
Dehydration
  coffee and, 271
  prevalence and effects of, 265–268
Dengue fever, 828
Dental issues. See also Fluoride; Mercury
cavitations, 701
  common pathogens in the mouth, 701
electrode use for, 702
  frequencies for, 702–706
meridian dental chart, 704
mouthwash recipes, 703
  overview, 700–702
root canals, 700
  toothpaste recipes, 703
Depression, 657
Determining which frequencies to use, 575–580
Detoxification
  basics of, 450–458
  from Candida, 687
  of chemical poisoning, 695–697
  of colon, 460–464
Detoxination Wellness Centers, 484, 899
die-off symptoms (rife sessions), 565–567
  health and, 249–250
  from heavy metals, 464, 465
  Herxheimer reactions, 404, 561–565, 948, 952, 953
  of kidneys, 467–468
  of liver and gallbladder, 464–467
  of lungs, 468–470
  of lymph, 470
  from mold, 693
  sauna and niacin therapy, online group, 910
  ozone saunas and, 399
  from radiation, 454–457
  responses, 404, 561–565, 951
  sauna therapy and, 481–484
  from vaccines, 133
  vs. cleansing, 450
Devices, medical, deaths and injuries from, 31
Diabetes
  aspartame and, 337
  overview and frequencies for, 642–644
  thirst and, 322
Diarrhea, 719–720
Die-off. See Herxheimer reactions
Diet. See also Food
  natural diet resources, 901–902
  rife sessions and, 571–572
Digestion. See also Colonics; Gastrointestinal tract problems
  nutritional support for, 371, 461, 717
  process of, 282, 458, 716, 717–718
Digitalis latana (foxbglove), 367
Diller, Irene Corey, 232
Directory of frequencies
  alphabetical listing by condition, 608–849
  outline of categories, 601–602
  overview, 603–606
Disc problems, 646
Disease, causes of. See also Germ theory; Pleomorphism
  chemical toxicity, 9
  electromagnetic toxicity, 10
  electron deficiency, 10
  emotions and belief systems, 20
  exercise and movement, lack of, 20
  inflammation, 17
  injury, 17
  noise pollution, 17
  nutritional deficiencies, 8
  oxygen insufficiency, 9
  pathogens, 19
  pH imbalance, 17–19
  sleep deficit, 8
  toxic bodily responses, 20
  weather challenges, 10
Distemper, 101, 707
Distilled water, 255–262
Distemper, overview and frequencies for, 707
Divide and conquer strategy, 875–876
DMPS (2,3-Dimercapto-1-propanesulfonic acid), chelation and, 626
DMSA (Meso-2,3-dimercaptosuccinic acid), chelation and, 626
DNA, changing, 21, 886–888
Doctor-patient relationships, 171, 586–590, 861–864, 880
Doctors, medical
  holistic therapies and, 861–864
  iatrogenic disease and, 29–30
  liability protection, 28, 30, 863
  persecution of, 114–117, 863
  and Rife Therapy, 586–590
  vaccine safety and, 103, 123–125
Dogs
  diet for, 355
  diseases of. See listings in Chapter 5
  rabies vaccine, 98–104
  removing skunk odor from, 993
Dominator paradigm, 867, 873–876
Double-blind studies, paradox of, 34–35
Doug Device, 531
Down’s Syndrome, 657–658
Dowsing, 575, 576
Drift, frequency, in rife machines, 584
Drinking water, drugs in, 143–144
Drugs, pharmaceutical. See also Clinical trials; Psychotropic drugs
  antibiotics in foods, 143
  approval process, 45
  damage from, 24–26
  in drinking water, 143–144
  effectiveness of, 24
  electronic media as, 145–152
  how they work, 22–23
  iatrogenesis and, 29
interaction with herbs/supplements, 154–155
isolation of herbal constituents, 367–368
marketing of, 35–36, 42, 49–52
mind-altering, 52–74
off-label use of, 36
lawsuits involving, 62, 69, 71, 121, 134–142
preparation of, 26–27
prices of, 41, 42
rife session cautions with, 519, 590
“side” effects of, 24–26. See also “Side” effects
substitution vs. support, 167
withdrawing from, 27
wrongly administered, 26
Drugs, “recreational,” 359–365
Drugs, psychotropic. See Psychotropic drugs
Drugs in unintended places, 143–144
Duodenal ulcer, 726
Dupont, Teflon and, 356–358
Duration of session frequencies, 526, 567–568
Duty cycle (rife instruments), 525
Dwell time (rife instruments), 526
Dyes in food, 341
Dying
five stages of dying, 858–859
trauma of death, 856–858
Dyslexia, 658
Dyspepsia, 720

E
Ear problems
frequencies for, 708–709
natural remedies for, 708
overview, 708
Eating
attitudes about, 282–283
disorders, 658
and exercise, 417
Ebola hemorrhagic fever
iodine and, 831
overview and frequencies for, 828–831
politics of, 830
Vitamin C and, 829, 831
Echinacea
interactions with drugs, 154
potency of, 369–370
to remove prions, 792
Edema, 258, 267, 268, 491, 762
Edison, Thomas, 13, 364, 440
EDTA (ethylene-diamine-tetra-acetic acid), 625, 671, 797
“Effect of Conscious Intention on Human DNA” (Rein), 887
EFT (Emotional Freedom Techniques), 649, 897
Eggs
allergy to, 97, 299
cage free, 293
as dietary staple, 299
farm industry and, 286
free range, 293
how to eat, 299
EHY-2000 electromagnetic/thermal field unit (Oncotherm), 592
Elecampane root, 792
Electrical appliances that produce electrosmog, 15
Electrical terms for non-engineers, 532
Electricity
electric and magnetic fields, 923
terms, defined, 532
Electrode (pad) rife units
autodefibrillators and, 518
blood clots and, 519
heart condition and, 516
metal implants and, 519
overview, 530–531
pacemakers and, 516–517
pregnancy and, 518–519
vs. radiant plasma units, 544–545
Electrodes
footplates, cautions in using, 516, 517
placement of, 542–543, 646
skin rashes from, 543
types of, 542
Electrolytes. See also Ions
basics, 253–254
imbalance of, 260
importance in water, 260
Electrolytically isolated silver (EIS). See Colloidal silver (CS)
Electromagnetic charge of atoms, 253–254
Electromagnetic (EM) fields. See Electromagnetic (EM) fields,
harmful; Electromagnetic (EM) fields in living systems;
Electromagnetic (EM) spectrum, explained; Electromedicine;
Far infrared (FIR) heat therapy; Light and color therapy;
Magnet therapy; Pulsed EM Fields
Electromagnetic (EM) fields, harmful. See also RF
AC current, 13–14
causing disease, 10–16, 518, 520, 629, 649, 669, 677, 795, 927–928
protection from, 16, 554 (photo), 900–901, 951–952
sensitivity during rifing, 520, 541, 571
studies on, 15, 999–1006
Electromagnetic (EM) fields in living systems, 581–582, 926
Electromagnetic (EM) spectrum, explained, 11, 12 (diagram), 922–925
Electromed company, 592–593
Electromedical health protocol, overview, 953–954
Electromedicine, published studies in, 957–970
Electromedicine. See also Far infrared (FIR) heat therapy;
Light and color therapy
books about, 19th century, 968–969
devices (not rife), 899–900
electric fields and magnetic fields, 923
electrical current, 929–931
EM fields in living systems, 581–582, 926
EM spectrum explained, 11–12, 922–926
frequency/wavelength/amplitude, 922
history of, 920
lasers and LEDs, 533–535, 940–943
magnetic vortex, 933–934
math and music, 580, 923–925
oscillating magnetic field, 933
overview, 919–926
INDEX

pulsed magnetic fields, 670–671, 678–679
rife plasma therapy, overview, 937–939
sound, 923–924, 944–948
static magnetic fields, 936–938
wave shapes, 523–524, 924 924–925
Electron deficiency, 10
Electronic media, effects on health, 146–152
Electropollution. See Electromagnetic (EM) fields, harmful
Electrosensitivity. See Electromagnetic (EM) fields, harmful
Electrosmog. See Electromagnetic (EM) fields, harmful
EM+ Resonant Radiant Plasma Systems (Bruce K. Stenulson), 908
EMDR (Eye Movement Desensitization and Reprocessing), 659
EMEM plasma equipment
duty cycle and, 525
electrosensitivity and, 541
photos, 549
spark gap and RF in, 540–541
voltage in, 532
X-rays and, 539
EMF. See Electromagnetic (EM) fields, harmful.
EMF protection, 951–952
Emotional Freedom Techniques (EFT), 388, 649, 731, 897
Emotions. See also Fight-or-flight response
adrenal stress and, 422, 427
breathing and, 421
bodywork and, 429–430
disease and, 20, 22, 422
lymph system and, 423
physical touch and, 420–421, 423
suppression of, 20, 22
Emotional issues in illness. See also Emotions
ailments of and frequencies for, 647–666
nutrients for, 648
overview, 20–22, 647–649
Enderlein, Guenther, 193–194, 692
Endobionts, defined, 193
Endometriosis, 844
Enemas. See Colonics
Energetic technology/therapy organizations, 901
Energy
electrons and, 253–254
in living systems, 926
Energy Medicine: The Scientific Basis (Oschman), 168–169, 254, 934
Energy and technology resource groups, 901
Enig, Mary
on canola oil, 309, 189
cookbook, 349
on enzymes, 371
on statins, 137
Entrainment, 14, 149, 215, 934, 935, 948
Environment for rifing, 569–570
Environmental Illness (EI), 695–696
Enzymes
for digestive tract support, 717
fermented foods and, 352–353
to break apart biofilms, 372, 617, 622
to denature proteins from insect bites, 753
to lessen detox reactions, 564, 566–567

for inflammation, 610, 612, 749, 750, 773
in raw food, 351
supplementation of, 371–372

Ephedra
compared to ephedrine, 158
FDA control of, 158

Epigenetics, 21

Epilepsy, 658–659
Epsom salts, 465–466, 480, 758–759
Epstein-Barr virus, 681, 831, 833–834
Eradicator Technologies, 16, 951
Erasmus, Udo
on fish oil content and temperature, 299
on snake oil, 156
on oil-processing facilities, 345
on chemical changes in heated oils, 350

Ergonom microscopes, 234, 236–239, 558 (photos), 575, 590, 904

Eskalith (lithium carbonate), 25, 59

Essential fatty Acids (EFAs), 310, 345, 372, 648, 657, 743, 842

Essential oils
for ADD/ADHD, 653
antifungal essential oil blend recipe, 693
basics, 368
and biofilm inhibition, 618
for Candida, 687
DNA repair and, 457
for hemorrhoids, 724
inhalation therapy, 397, 412, 470, 693, 797
for insect bites, 752
as insect repellant, 783
for lipomas, 760
for Lyme disease, 622
for lymph, 470
for mold, 693
to mask odors, 451, 992
mouthwash recipes, 703
parathyroid and, 733
for pathogens, 618, 623, 666, 683, 829, 840
for worms, 785, 789
for skin conditions, 809, 811–812, 814, 847
source for, 904
toothpaste recipes, 703

Essiac herbal formula, 670

Ethnicity, food requirements and, 279

Evening primrose oil, interactions with drugs, 154

Exercise
aerobic and anaerobic, 413
amount of, 416
anti-aging and, 415–416
anti-inflammatory effects of, 415
beginner guidelines for, 420
benefits of, 413
best times for, 419
and bones, 419
cancer and, 416
drill sergeant method, 416–417
eating correctly for, 417
fatigue from, 418–419
HIIT (high-intensity intermittent exercise), 417–419
lymphatic system and, 413–415
mindful exercise, 418
music during, 419
swimming and chlorine, 414
telomeres and, 415–416
Exorphins, 315
Eye problems
frequencies for, 711–714
nutrients and herbs for, 711
overview, 710–711
television and, 147, 149

F
Fabric softener
dangers of, 451, 973, 975, 979
substitute for, 993
Fabricated fats, 345
Factory farmed food, 284–287
Fads, defined, 281
Fake food. See also Artificial sweeteners
basics of, 341
children and, 349
colon and, 461
defined, 8
fabricated fats, 345
food conditioners, 347
preservatives/dyes/fragrances/flavorings, 341–344
synthetic chemicals as food, 341–347
thickeners and emulsifiers, 347
Fallon, Sally
on canola oil, 309, 310
cookbook, 349
on enzymes, 371
on statins, 137
Far infrared (FIR) heat therapy, 434, 483–484, 910, 943–944
Farm raised fish, 287–288
Fascia
massage and, 424–425
meridians and, 425, 426
rifing and, 541, 563
Fat, brown, 770, 776
Fatigue, chronic, 831–834. See also Fibromyalgia
Fats
fabricated, 245
fat-soluble vitamins, 378
frying, 350
hydrogenation of, 345
oils, 309–311
sun rays and, 434
frequency devices and, 560–561, 588–589
language appropriation of, 562
misconception about, 43
pharmaceutical industry and, 37–39
raw milk and, 301
Rife Therapy and, 590–591, 594
Royal Lee and, 376
rulings in favor of drug companies, 62, 160, 161
scientist survey, 30
stevia and, 339
thimerosal and, 109
warnings against sonograms, 146
Federal Communications Commission (FCC), 46, 222, 223, 228, 543
felt, Dave
hand-built EMEM plasma unit, 549 (photo)
on radiation from plasma tubes, 539
on history of Rife, 195, 217, 226, 227
Female genital mutilation, 843
Fennel seed, 781
Fermented foods
dairy products, 300–301
enzymes and, 352–353
overview, 352–353
Fever
Béchamp’s understanding of, 192
overview and frequencies for, 714–715
Rife Therapy and, 521
sauna therapy and, 483
Fiber in digestion, 461
Fibromyalgia
exercise and, 415, 862
enzymes and, 352–353
overview, 352–353
Fighting or-flight response
adrenal glands and, 730, 731
body-mind relationship and, 421–422
coffee and, 269
panic attacks and, 732
sugar and, 321
sympathetic/parasympathetic nervous systems and, 495
Filtering water, 255
FIR. See Far infrared (FIR) heat therapy
Fish oil
for inflammation, 749
interactions with drugs, 154
rancidity of, 311
Fish and seafood
as dietary staple, 299–300
safety of, 287–288
Fishbein, Morris
professional history of, 220
Royal Lee and, 376
ruining of Dinshah, 440
ruining of Rife, 220–221, 226
Flatulence, 724
Flavorings in food, 341–344
Farm raised (fish), 287
free range, 293
genetically engineered/genetically modified, 288–290
grass fed, 295
heirloom or open-pollinated, 292–293
high Brix, 296–297
irradiated, 290–291
local, 293
naturally raised, 295
organic, 292
pastured (poultry), 296
sustainable, 296
unsprayed, 293
vegetarian fed or grain fed, 295–296
wildcrafted or wild, 292

Food preparation and preservation methods
basics of cooking, 350
canning, 353–354
cookware, 356–358
drying, 354
fermenting, 353
freezing, 353
frying, 350
microwaving, 350–353
raw foods, 354–356

Food safety resources, 901–902

Footbath, how to make inexpensively, 997–998
Foot plate electrodes. See Electrodes
Formulas for converting high frequencies, 580
The Fourth Phase of Water (Pollack), 252, 438, 489
Framingham Study, 742
Free glutamic acid (MSG), 95, 291, 343–344
Free radicals
defined, 345
food conditioners and, 347
fried food and, 350
fructose and, 331
harmful electromagnetic fields and, 11, 13
hydrogen peroxide therapy and, 390
melatonin and, 436, 487
ultrasound and, 145
wheat and, 315
Free range, defined (food), 293

Frequencies
applied through water, 530
bodily resistance to, 522, 526
calculating, 575–580
for cancer, 672–675, 680–683
on CDs and DVDs, 531–532
custom services for finding, 909
databases, 532, 576, 902, 907
determining which ones to use, 575–580
directory of, 601–852
drift of, 584–585
duration of, 526, 567–568
formula for converting high, 580
guidelines for choosing, 577–581
higher vs. lower, 580
the Rife Handbook

Frequency equipment, general information
basic construction of, 522–535
building, 559–560
claims, 538
expectations, 535–536
for cancer, 541, 542
care of, 548
CD/DVD/home computer units, 531–532
coil units, 531
customer service, 536–537
ease of operation, 559
electrode (pad) units, 529–530
FAQs, 539–594
FDA and, 560–561, 588, 589, 590–591
frequency, defined, 199, 922
lasers, 533–534
LEDs, 533–534
manufacturers of, desirable qualities, 535–538
modern era, older analogue, 549 (photos)
opimal features of, 522, 526
prevalence of, 235
pricing of, 537–538, 560
radiant plasma units, freestanding, 526–528
radiant plasma units, hand-held, 528–529
repair record, 537
Rife Beam Rays Corp. original, 199, 214–220, 212
(photo), 220 (photo)
Rife’s equipment, overview of all, 199, 209 (photos), 210
(photo), 214–220
Rife’s equipment, second generation, 212 (photo), 228–230
shipping, 537
sweep-only units, 530–531
technical support, 536–537
warranty, 537
Frequency equipment (rife)—modern brands
BCX Ultra hand-held plasma tube unit (Whitman Technology), 540, 551 (photos), 568, 907
BioWave 21 and BioWave 77, 907
BZTronics software for sound-based frequency applications (Life Frequencies), 532, 908
Doug Device, 531
EHY-2000 electromagnetic/thermal field unit (Oncotherm), 592
EM+ Resonant Radiant Plasma Systems (Bruce K. Stenulson), 539, 540, 541, 908
EMEM radiant plasma units, hand-built (individuals), 549 (photos)
F-Scan and F-Scan Compact contact pad units (Health Balances), 555–556 (photos), 576, 578, 593, 908
GB-4000 contact pad (AAA Production), 540–541, 547, 548, 557 (photo), 567, 908
M.O.P.A. units (AAA Production), 540, 557 (photo), 908
P3 Pulsed Plasma units (Pulsed Technologies), 532, 539, 542, 547, 552–554 (photos), 569, 909, 935–936
PERL M+ radiant plasma unit (Resonant Light Technology Inc.), 540, 547, 548, 550 (photos), 908, 935
ProGen (Resonant Light Technology Inc.), 547, 549, 550 (photos), 908, 935
PET contact pad unit (Electromed), 592
PFG/Precision function Generator (Pulsed Technologies), 552, 554 (photos), 909
frequency finding services, 909
Frequency Specific Microcurrent (FSM), 899, 930–931
Frequency/wavelength/amplitude, 922
fREX frequency database, 532, 902
friendly flora.
Frigidity, 766, 842
Fructose, 330–332
Fruits
as dietary staple, 307
heavily sprayed, 294
high-sugar fruit juice, 275–276
Frying foods, 350
f-Scan, 555–556 (photos), 576, 578, 593, 908
FREX. See FREX frequency database
Full spectrum lighting, 437–438
Fulvic acid, 264, 409
function generators, 522
functional medicine. See Holistic healing/holistic medicine
fungi
in cancer cycle, 230 (drawing)
microzyma cycle and, 190–191
types of and frequencies for, 684–694
Funneling ozone, 396
G
Gallbladder. See Liver/gallbladder
Gallopimg Gerty, 199
Gallstones, 758, 760
Gamma Linolenic Acid (GLA), interactions with drugs, 154
Garlic, interactions with drugs, 155
Garff, Jeff, on simultaneous frequencies, 548
Garvey, John, 576
Gas, intestinal, 726
Gastritis, 728
Gastrointestinal tract problems
frequencies for, 718–729
overview, 717–718
Gating function for rife machines, 546–547
GB-4000 contact pad and M.O.P.A. units (AAA Production), 540–541, 547, 548, 557 (photos), 567, 908
Gemmotherapy, 369
General sweep units, 531
Generators
  colloid silver, 404, 408, 410, 648, 898
  function, 522
  ozone. See Ozone/ozone therapy
  rife frequency. See Rife technology; Rife Ray; Frequency
equipment (rife)—modern brands
Genetic engineering (GE)
  aspartame and, 48
  contamination via, 870–871
  of foods, dangers of, 288–290, 310
  Monsanto and, 140–141
  of mosquitoes, 840
  of pathogens, 621, 771, 829, 830, 835
  rBGH and, 45
  of seeds, treating with rife frequencies, 729
Geographical ancestry, food and, 279
Gemmotherapy, 368
Germ theory, 189, 190
German measles, 837
Guardia, 720, 785
Ginger root
  as anti-inflammatory, 749
  blood glucose uptake and, 643
  for cancer, 670
  interactions with drugs, 155
  in spice drink recipe, 278
Ginkgo biloba
  brain function and, 363, 367
  as synthesized extract, 367
  interactions with drugs, 155
Ginseng root
  to enhance immunity, 618, 643
  blood glucose uptake and, 643
  interactions with drugs, 155
Glands (all). See also individual glands
  glandulars, 385
  lymph, 414
  overview and ailments, 730–739
  swollen, 803
Glaucoma, 711, 713
Globalization, 872, 875
Glutathione
  chelation and, 625
  immune function and, 130–131
  to neutralize radiation, 456
Gluten, dangers of, 312–318
Glycemic index, 324–325
Goiter, 736
Goitrogens, caution when eating, 307, 319, 409, 735
Gonorrhea, 636, 767–768, 846
Gonzalez, Nicholas, 462, 678, 679
Gout, 331, 739
Government agencies, drug industry and, 40, 42
Grains
  as dietary staple, 311–319
  grain fed animals, 295–296
Grandin, Temple, 287
Grapefruit seed extract, 674, 687, 703, 845, 847
Grass fed animals, 295
Graves’ Disease, 736–737
Grayfield Optical Inc., 234, 558 (photos), 904
Green juices and green smoothies, 276–277
Green tea
  fluoride and, 275
  to neutralize radiation, 457
Grief, 855–858
Griffin, G. Edward, 36, 44
Gross, Ludwik, 233
Group intention, power of, 883–884
Gulf War Syndrome, 740
Gum diseases. See Dental issues
Gymnema sylvestre (shardunika) herb, and blood glucose uptake,
341, 363, 643
H
H1N1/Swine flu, 838
Haefeli, Bruno, 194
Hair loss, 740
Halotherapy, 469
Haltiwanger, Steve
  on dowsing and muscle testing, 576
  “Electrical Properties of Cancer Cells,” 581, 926
  foreword, xiii
  on lecithin and enzymes, 622
  on lemon juice, 268
  practitioner contact information, 906
Hamer, Richard T., 219, 220, 226
Hand-held radiant plasma units, 529
Hard lasers, 534, 941
Harlow, Harry, 421
Harmonics, 214, 524, 580
Hashimoto’s Disease, 737
Hay fever, 801
Head injuries, 751
Headaches, overview and frequencies for, 740–741
Healing response vs. disease crisis, 564
Health
  conditions and food requirements, 281
  defining, 5–8
  practitioners, frequency therapy and, 586–589
  practitioners, selected rife-friendly, 906
Heart
  arrhythmias, during rifing, 567
  healing with, 884–885
  nutritional support for, 742
Heart conditions / heart attacks
  bioflavonoids and, 742
  B vitamins and, 742
  coenzyme Q10 and, 137, 742
  with electrode units, 516, 741
  frequencies for, 743–746
  hawthorne berry and, 742
  L-carnitine and, 742
  magnesium and, 742
  Omega 3 fats and, 742
  overview, 741–742
  with radiant plasma units, 516–518
  rife session cautions with, 516–518
thyroid hormone and, 742
Vitamin C and, 742
Heartburn, 728
Heartworm, 783
Heat packs, 773
Heavy metals
Candida and, 685
in dental fillings and appliances, 701
detoxing from, 624–626, 696
distilled water intake and, 260
overview, 696–697
in water, 252–253
Heirloom food, 292–293
Helicobacter pylori (H. pylori), 327, 402, 632
Hemochromatosis, 747
Hemorrhoids, 461, 724
Hemp, 364–365
Hepatitis, 757
Herbal teas, 277–278
Herbs. See also Essential oils; individual herbs
basics of, 365–368
creation of new herbal substances, 367
effectiveness of, 368–370
FDA control of, 153–161
gemmotherapy, 369
to induce sleep, 488
interaction with drugs, 154–155
isolation of individual constituents, 366–367
potency of, 368–370
rife session cautions with, 519
safety of, 153–161
wildcrafted or wild, 292
Herperidin, 778
Herpes viruses, 831–834
Hertel, Hans Ulrich, 352
Hertz (Hz) conversions, 539
Herxheimer reactions, 404, 561–566, 948, 952, 953
Heterocyclic amines (HCAs), 350
Hiatal hernia, 728–729
The Hibernation Response (Whybrow and Bahr), 436–437
High fructose corn syrup (HFCS), 332
Hits, frequency, 562, 563
HIV/AIDS, 402–403, 835
Hives, 811
Hodgkin's disease, 680–681
The Holistic Handbook of Sauna Therapy (Sylver), 9, 399, 452
Holistic healing/holistic medicine
basic approach to, 167–171
defined, 6–8
doctor support of, 862–863
vs. non-holistic, 167–169
organizations, 903–904
substitution vs. support, 167
Holland, Anthony G., 971–972
Holman, Jimmie.
in vitro studies and, 575
Candida laboratory experiments and, 687
on sweep, 527, 548
on duty cycle, 525
on gating, 547
on Herxheimer reactions, 563
on metal implants, 519
on RF frequency devices, 517
on signal penetration 524
on sound cards, 532
Holograms, humans as, 881
Holt, John, 677
Homeopathy
autoisopathy (nosodes), 447–449
cell salts, 446–447
combination formulas, 449
consitutional, 446
electronic, 449
flower essences, 447
growing popularity of, 449–450
history of, 443–444
how it works, 444–446
how to make your own remedies, 448
immaterial substances (imponderables), 447
isopathy (nosodes), 447, 448
for muscle aches, 773
to neutralize radiation, 457
potencies (dosages), 444
sarcoodes, 449
Homogenization of milk, 301
Honey, 327, 330
Hoof and Mouth disease, 825–826
Hospice, 857, 904
Hospitals
cost of visits, 41
iatrogenesis and, 29–30
infections from, 30
procedures and tests, effectiveness of, 27–29
surgeries, deaths from, 30
Hot flashes, 842
Hoyland, Philip
Beam Ray instrument redesign, 221–222, 223–224
bribe of, 222
early rife machines and, 218
photos of, 211, 212
Hubbard, John, 230
Human Papilloma Virus (HPV), 836
Hydrangea, 618, 622, 792, 820
Hydrogen peroxide therapy, 389–392
Hydrogenation of fats, 345
Hydrolyzed protein, 343–344
Hyperbaric oxygen therapy (HBOT)
overview, 400–401
for Lyme, 623
Hypericum perforatum. See St. John's Wort
Hypoglycemia, overview and frequencies for, 644
Hypoxemia, 748
I
Iatrogenesis
iatrogenic infections, frequencies for, 748
prevalence of, 29–30
Idiopathic diseases, 633
IgG, 303
Illness, trauma of, 856–857
Imagery in healing, 887–888
Imbalances affecting health, 7–8
Immune function. See also Proline-rich Polypeptides (PRPs)
  enhancing with colloidal silver, 403
  Immunization: The Reality Behind the Myth (James), 6
  normalizing, frequencies for, 793–796
  response to wheat, 314–315
  stimulation, frequencies for, 793–796
  supporting with supplements, 373
Immunoglobulin G (enzyme), 303
Immunoglobulins, 302
Implants
digital tracking, 878–879
rife session cautions with, 519
Impotence, 766, 842
In vitro
defined, 32
vs. in vivo effects of frequencies, 582
In vivo, defined, 32
Inclined Bed Therapy (IBT), 489–491
Inclusion Body Myositis (IBM), 749
Incontinence, 821–822
Indigestion, 720
Infants, rife session cautions with, 521–522
Infections
  as cause of disease, 17, 19–20
  injury and, 17
  non-specific, with frequencies, 749–750
Infectious mononucleosis, 831
Infertility, 766, 842
Inflammation
  as cause of disease, 17
  overview, 749–750
Influenza, 835–836. See also Flu, politics of
Infrared wavelengths, 435
Infrasound, 944–945
Inhalation of colloidal silver, 412, 469–470
Inhalation of ozone through oils, 397–398
Inhalation of salt, 469
Injecting ozone, 396–397
Injections, dangers of, 105
Injuries
  infection and, 17
  frequencies for, 750–752
  overview, 750
Inorganic minerals, 253
Insect bites, overview and frequencies for, 752–753
Insomnia remedies, 488, 660
Insufflation, ozone, 396
Insulin resistance, 316, 321–322, 337. See also Blood Sugar Problems
Intention, healing with, 883–884, 887–888. See also Prayer, power of
Interference (electronic), 543, 548
Internal use of colloidal silver, 410
International Monetary Fund (IMF), 869
Internet
  alternatives to popular tools, 912
  politics of, 52, 868, 878
  support groups (rife), 909
Interstitial fluid, 414, 415, 426, 482
Intestinal flukes, 784
Iodine
  and chlorine, displacement by, 256
  deficiency in ADD, 72
  deficiency in breast cancer, 675
  deficiency in electrosmog sensitivity, 15
  deficiency in mitochondrial disease, 769
  different types of, 454
  for ebola, 831
  halides and, 697
  and infection prevention, 671, 797, 829, 831, 832, 845
  for Morgellons, 771
  to neutralize radiation, 454
  radioactive, 453, 454
  thyroid function and, 735–738
Ions. See also Electrolytes
  ionic, defined, 406
  ionic minerals in water, 260, 262, 264
  ionic minerals for argyria, 409
  ionized (electrolyzed) water, 262–264
  in raw food, 354
  in water, 253–254
IP6 (Inositol hexaphosphate), 669
Irradiated food, 290–291
Irritable Bowel Syndrome (IBS), 722–723
Iron
  absorption and ADD, 653
  Babesia and, 782
  deficiencies, 714, 735, 742–743
  excess (hemochromatosis), 747
  importance of, 258
  infections and, 669
  malaria and, 878, 938
  for thyroid hormone conversion, 735
J
  Jaundice, 760
  Jewelry for EMF protection, 949, 951
  Johnson, Milbank
    banquet given by, 198, 206 (photo)
    biographical details of, 217
    death of, 227
    photo of, 206
    testing of Rife Ray and, 218
  Judgment vs. love, 889
  Juices, vegetable, 275–277
  Junk food. See Fake food
K
  Kava kava, interactions with drugs, 155
  Kelley, William Donald, 462, 671
  Kellogg, John Harvey, 392, 431, 483, 920, 943
  Kelp, for argyria, 409
  Kendall, Arthur Isaac
    biographical details of, 197–198
    dissociation from Rife, 226–227
    k-medium and, 198
photo of, 206
pleomorphism and, 198
Kennedy radio receivers, 199, 209 (photo)
Keratinosis pilaris, 812
Kidneys
ailments of and frequencies for, 822–824
effect of caffeine on, 270
foods for, 468
herbs for, 468, 820
overview, 467–468, 821
Krill oil, 345, 372

L
Laetrile, 309, 669
Lai, Henry, 899, 933, 999
Lactase, 303
Lactoferrin, 128, 302
Lactoperoxidase, 303
Lactose, 301
Lakhovsky, Georges, 218, 223, 531, 920, 938
Large intestine. See Colon
Lasers, theory behind, 533–535, 940–943. See also LEDs
Lawsuits against drug companies, 62, 69, 121, 134–142
Laxatives, 461
Leaky gut syndrome, 314, 458, 726–727
Lectins, 307, 311, 317
LEDs. See also Lasers
theory behind, 533–534, 940–943
treatment using acupuncture emotional points, 659
for Parkinson’s, 663
Lee, Royal
FDA persecution of, 376
and food-based nutritional supplements, 377, 434
Legality/recognition of rife technology, 590–594, 913–918
Legumes as dietary staple, 307
Leishmania (protozoa), 785–786
Lemon juice
detoxing with, 268, 784
for digestibility of foods, 307
for electrolytes, 268
for liver-gallbladder cleanse, 759
Leptin, 270, 322
Leukemia, 681
Licensing, medical, 864
Ligicirse root, 368, 467
The Life Cycle of Bacteria (Enderlein), 193
L-glutamine
for brain health, 648
for carb cravings, 643
digestive tract and, 318, 717
for glutathione production, 130, 456
Life Labs Inc. frequency device, 212 (photo), 228–230
Light and color therapy, See also Lasers; LEDs
color therapy resources, 899
infrared wavelengths, 431, 435
Irlen Institute, 899
pinical gland and, 435–436
for SAD (Seasonal Affective Disorder), 436–438
single-color, 438–439
Spectro-Chrome Color Therapy, 440–442, 899
sun therapy, 430–431
ultraviolet wavelengths, 431–435
Vitamin D and, 433
Vitamin F and, 434
Limb bagging with ozone, 396
Lipase, 303, 371
Lipitor, case against, 136–139
Lipoma, 812
Liposomal Vitamin C, 387
Lithium the drug (Eskalith), 25, 698
Lithium orotate (the mineral)
Graves’ and, 736
inflammation and, 722, 723
for Herpes, 832
for Lyme, 624
mental illness and, 25, 648, 651, 654, 657
Live blood analysis, 16, 556 (photos), 575
Liver flukes, 756–757
Liver/gallbladder
diseases of and frequencies for, 756–757, 769–761
cleansing, 758–759
coffee enema and, 462–463
four phases of detox, 463
nutritional support for, 131, 467, 757
overview, 464, 755–756
Livingston-Wheeler, Virginia, 231
“Local and Non-Local effects of Coherent Heart Frequencies
on Conformational Changes of DNA” (Rein and McCraty), 886–887
Love
“molecule” (phenylethylamine), 359
omni-love, 888
soft love, 888
as resonance, 888–889
tough love, 888–889
Low-Intensity Laser Therapy (LILT), 942
Low-Level Laser Therapy (LLLT), 534
Loyd, Richard
on duty cycle formula, 525
on eliminating fibrin with frequencies, 556
on EEMEM devices and cancer, 541
on mold and Lyme toxins, 690–691
and muscle testing to determine frequencies, 575
“Underappreciated Amino Acids,” 654
on running two units simultaneously to treat cancer, 673
Lungs. See also Respiratory tract; Sinuses; Throat; Vocal cords
cancer, 681
function and physiology, 468–469
inhalation recipes, 797
overview and frequencies for, 797–800
restoration, 469–470
Lupus erythematosus, 761
INDEX

Lyme disease
antibodies conferred through colostrum, 129
control of mental states, 628
Freedom From Lyme Disease (Rosner), 321, 427
holistic therapies for, 622–626
Lyme Disease and Rife Machines (Rosner), 393
mold and Lyme toxins and, 690–691
overview and frequencies for, 620–621, 627–629
The Top 10 Lyme Disease Treatments (Rosner), 633

Lymphatic system
ailments of and frequencies for, 762–763
exercise and, 413–415
herbs for, 470
lymph nodes, 414, 761
massage and, 424
overview, 761
tension and, 423
water and, 268
Lymphoma, non-Hodgkin’s, 681–682
Lynes, Barry, 216, 226
Lysozyme, 303

M
Macadamia nut oil, 778
Macfadden, Bernarr, 431, 442
Macular degeneration, 713
Magnetex, 133, 585, 610, 628, 655, 771, 773, 900, 933–934
Magnetic fields, harmful, 10, 13–14, 517
Magnetic fields, stationary, 931–933
Magnet therapy, 931–934
Magnesium
as bicarbonate buffer, 263
for bone, 371, 645
for brain and nervous system, 648, 652, 656, 663
for Candida, 687
deficiency in ADD, 72
fuel burning and, 778
for heart disease, 742
importance of, 258
interactions with drugs, 155
for liver, 757
for Lyme disease, 624
for muscles, 715
in raw dairy, 305
rife sessions and, 567
thyroid hormone and, 735
for tinnitus, 709
Magnesium stearate, 374
Malabsorption syndrome, 720
Malaria, 787, 938
Male fern root, 781
Manganese
as essential mineral, 258
importance of, 258
Lyme and, 624
Manic depression, 655–656
Mannitol, 319
MANTRA study, 882

Manufacturers of frequency devices
desirable qualities, 535–538
contact information, 907–909
Maple syrup, 326–327
Marijuana, 364–365
Marsh, John. See also AZ-58
history, 228–230
frequency device of, 212 (photo),
metal electrodes and, 530
persecution of, 230
Massage, 423–424
Math and music in electromedicine, 925
Mattman, Lida, 233, 652, 661
Mattresses, natural fiber, 489
McInturff, Brian, 531, 566, 576, 906
Measles, 837, 838
Media
as a drug, 146–152
politics of, 49–52, 873–878
Medical devices. See Devices, medical
Medical journals, drug industry ties to, 50
Medical licensing, 914
Medical terms, 6–7, 611
Meditation, 492–497, 883–884, 904
Melanin, defined, 431
Melanoma, 682
Melatonin, 14, 166, 270, 436, 456, 486, 488
Memory in frequency devices, 526
Men, ailments of and frequencies for, 764–768
Menstruation/menopause, 841–842
Mental illness, lithium and, 25
Mental issues in illness. See also Emotions
ailments of and frequencies for, 647–666
nutrients for, 648
overview, 20–22, 647–649
Mercury
blood sugar levels and, 642
dangers of, 88–92, 701
detoxing from, 624–626, 696
nervous system and, 252
oat tops tea and, 252
Meridians, acupuncture, 388, 425–426
Metabolic enzymes, 371
Metabolic functions, 371
Metabolic syndrome. See Carbohydrate intolerance
Metabolic typing, 279–280
Metals. See also Heavy metals
in electrodes, 571
implants, rife sessions and, 519
Methylsulphonylmethane. See MSM (methylsulphonylmethane)
Microbes. See Pathogens
Microbiome. See Friendly flora
Microcirculation, 934–935
Microorganisms. See Pathogens
Microscopes
Ergonom, 234, 558 (photos), 590, 904
Rife microscopes, various, 200 (photos), 204–205
(photos), 590
Rife Universal Microscope, 196, 201 (photo)
specimens as seen through microscopes, 202 (photos, Rife), 236–239 (drawings, Ergonom), 558 (photos, Ergonom)

Microbiome, 777. See also Probiotics
Microwaving foods, 351–353
Microzymas, 190–192, 194
Migraine headaches, 741
Milk
A1 and A2, 301
chart, raw vs. pasteurized, 302–305
homogenization of, 301
milk fed calves, 287
pasteurization of, 300–306
“Milky” oats for nerve repair, 697
Mimosa pudica leaves, 781
Mind and disease, 20–22, 887–888
Mindfulness, 497
Minerals
acid and alkaline, 262–264
detox and, 566
distillation and, 255–262
replenishing in water, 264–265
supplementation of, 371
water and, 252–254
Miso, to neutralize radiation, 455
Mites, 709
Mitochondrial disorders, 769
MMS (Miracle Mineral Supplement)/Sodium Chlorite, 618
Molasses, 326
Molds. See also Candida, fungi, molds and yeasts
Lyme disease and, 690–691
microzyma cycle and, 191–192
toxins from, 684, 690, 693
types of, 684–685
Molecular Enhancer, 585
Molybdenum for Candida, 687
Money-back guarantee on frequency devices, 537
Monochromatic light, 533–535, 940–942
Monolaurin / Lauric acid, 618
Monsanto corporation
Bayer merger with, 46
genetic engineering and, 289–290, 310, 870
history of, 139–140
lawsuits and, 139–142, 870
neotame and, 48
Percy Schmeiser case, 871
rBGH and, 45–46
M.O.P.A. (Master Oscillator Power Amplifier) transmitter, 557 (photo)
Morgellons disease, 405, 769, 771–772
Moringa oleifera, 618, 622
Mortal Oscillatory Rate (MOR), 215, 524, 545, 580
Mouth diseases. See Dental issues
Mouthwash recipes, 703
MSG (monosodium glutamate), 95, 291, 342–344
MSM (methylsulphonylmethane)
for argyria, 409
for fibromyalgia, 715
for inhalation therapy, 412
Johanna Budwig protocol and, 671
to neutralize radiation, 455
MTHFR malfunction, 381–383
Mucin, 614, 649, 715, 738, 772, 802
Multiple Chemical Sensitivity (MCS), 695–697
Multiple myeloma, 682
Multiple Sclerosis (MS), overviews and frequencies for, 614, 661
Multi-Wave Oscillator (MWO), 218, 531, 585
Mumps, 838
Muschlien, Bernhard, 234
Muscle
aches, natural protocols for, 773
conditions, frequencies for, 772–775
fatigue, 416–419
overview, 772
Muscle testing, 575, 576
Muscular Dystrophy, 774
Music
during exercise, 419
and math in electromedicine, 924
Mycoplasma, many types
and autoimmune disorders, 613–614
frequencies for, 634–636
overview, 634
Mycoplasma pneumoniae, 635
Mycotoxins as cause of disease, 19–20
Myofascial release, 424–425
N
N-Acetyl-carnosine/ n-Acetyl-L-Carnosine
cataracts and glaucoma and, 711
chelation and, 625
Graves’ disease and, 736
n-Acetyl-Cysteine ( nAC)/n-Acetyl-L-Cysteine, to break apart biofilms, 618
naessens, Gaston, 233
nAET (nambudripad’s Allergy Elimination Technique), 388
nanotechnology, 405
nasal conditions
ailments of and frequencies for, 801–802
overview, 800–801
rinses for, 797
The national Demonstration Project to Reduce Violent Crime, 883–884
Natural cures, suppressed, 158–161
Natural health organizations, 901–902
Natural Hygiene movement, 430
Natural Stress Relief, 496
Natural substitutes for common medications, 162–166
Naturally raised food, 295
Nausea, 720
Nebulizing, 469–470
Neel, William D., 393, 397
Neem
biofilm destruction and, 618
insulin reduction and, 643
for Lyme, 622
pathogen destruction and, 618
pineal gland decalcification and, 734
Nerves, mercury toxicity and, 89, 90, 91, 252

Nervous System
- ailments of and frequencies for, 647–666
- autonomic, 650
- gut health and, 716
- nutrients for, 648
- overview, 647–649
- sympathetic vs. parasympathetic, 650

Neuromuscular Therapy, 424

Neurotransmitters, functions of, 63–64, 65

Neurosis, 662

Niacin (Vitamin B3)
- blood sugar regulation and, 643
- and sauna protocol, 484, 696, 910

Nicolson, Garth and Nancy, 715, 740

Nieper, Hans, 25, 386

Nightingale, Florence, 193

Nightshade vegetables, 306–307, 317, 610

Nisin, 302

Noble gases, 199, 528

Normalizing/regulating frequencies, 574, 581, 795

North American Free Trade Agreement (NAFTA), 869, 872

Norwalk virus, 836

Nose. See Nasal conditions

Nursing (an infant)
- benefits of, 126–129
- rife session cautions with, 518–519

Nutrasweet. See Aspartame

Nutritional supplements. See Supplements, nutritional

Nutrition
- balance in diet, 281
- deficiencies and disease, 8
- support for rife sessions, 566–567

Nuts and seeds as dietary staple, 307, 309

O

Oat tops for nerve repair, 697

Obesity hormone (leptin), 322

Obesity/overweight. See also Carbohydrate intolerance; Thyroid gland
- aspartame and, 336, 338
- frequencies for, 777–779
- fructose and, 331
- insulin resistance and, 316
- microbiota population and, 279
- nutrients and herbs to help curb, 778
- overview, 776–777
- seasonal affective disorder (SAD) and, 436

Obsessive-Compulsive Disorder (OCD), 662

Off-label use of drugs, 36

Oil pulling/oil swishing, 701–702

Oils. See also Essential oils
- basics of, 309–311
- as brain food, 652
- breathing ozone through, 397–398
- frying with, 350
- ozonated olive oil salve, 398

Olbrich, Kurt. See also Ergonom microscopes
- background and work of, 234
- cancer studies of, 234, 236–239
- Sanguinogramm, 236–239

Olive leaf, 102, 618, 622, 687, 792

Omega 3 fats
- benefits of, 119
- blood pressure and, 823
- eggs and, 299
- Omega 6 fats and, 295, 304
- processing of, 309–310
- sources of, 311, 372

Omega 6 fats
- in farm raised fish, 288
- grain fed animals and, 295
- Omega 3 fats and, 295, 304
- sources of, 311

Omega 7 fats, 372

Omni-love, 888

Oncotherm company, 592

OnDAMED system, 900, 936–937

Open pollinated produce, 292–293

Oregano essential oil
- as inhalant, 412, 470, 797
- pathogens and, 618, 683, 687, 693, 728
- pineal gland decalcification and, 734
- radiation protection and, 457

Organ support frequencies, 667, 793–796

Organ transplants, rife session cautions with, 520–521

Organic
- defined, 253
- foods, 292

Oriental energy modalities, 425–426

Orthorexia, 328–329

Oscillating magnetic fields, 938

Oscillation rate, defined, 199.
See also Mortal Oscillatory Rate (MOR)

Ott, John, 432, 437–439

Oxalic acid, 19, 360, 468

Oxygen/oxygen therapies
- hydrogen peroxide, 389–392
- hyperbaric oxygen therapy (HBOT), 400–401
- insufficiency and disease, 9
- Oxygen Healing Therapies (Altman), 390
- ozone. See Ozone/ozone therapy
- percentage in atmosphere, 389

Ozone/ozone therapy
- for microbial infections, 618
- breathing through oils, 397–398
- for cancer, 669
- for Candida, 687
- dispelling negativity about, 393–395
- funneling and limb bagging, 396
- history of, 392–393
- how it works, 392, 395
- immunosuppressive effects of, 394
- injecting, 396–397
- insufflation, 396
- for Lyme, 623
- oxygen supplements, 398
ozonated drinking water, 396
ozonated olive oil salve, 398
ozone generators, 398–399
ozone saunas, 399–400
purifying pools/hot tubs, 398

Pacemakers, rife sessions cautions with, 516–518
Paclitaxel, 24–25, 33
Pads, wet, 530
Pain. See also Inflammation
dehydration and, 266
exercise and, 416
Inclined Bed Therapy and, 490–491
massage and, 424
meditation and, 494
overview and frequencies for, 779
patches for (Tuning Element), 905, 949–950
relief with rifing, 590
Palmer, B.J. and D.D., 428–429
Pancreas gland
ailments of and frequencies for, 733
pancreatic cancer, 682
pancreatic flukes, 733
sugar and, 316, 321
Panic attacks, 732. See also Fight-or-flight response
Pantothenic acid (Vitamin B5), 687, 731
Parasites
in food, 356
frequencies for, 781–790
in gastrointestinal tract, 487
herbal protocols for, 460, 781
overview, 780–781
Parasympathetic vs. sympathetic nervous system, 650
Parathyroid gland, ailments of and frequencies for, 733
Parkinson's disease, 663
Passive energy items, 949–951
Pasteur, Louis. See also Béchamp, Pierre Jacques Antoine
background and temperament of, 189–190
germ theory, 189
plagiarizing of Béchamp, 190
Pasteurization
basics of, 300
of milk, vs. raw milk, 300–305
Pastured poultry, 296
Patch electrodes. See Electrodes
Patches, non-transdermal for pain (Tuning Element), 905, 950
Pata de vaca (herb) as insulin substitute, 643
Pathogens. See also specific pathogens
antibiotics and, 193
killing with frequencies, discovery of, 196–197
pleomorphism of, 192
proliferation and disease, 191
Rife/Kendall on pleomorphic nature of, 197–198
anaerobic, 389
determining for specific conditions, 577–578
disabling with colloidal silver, 402–403, 412
fed by high-sugar juices, 275–276
illumination of by Rife, 196–197
resistance to frequencies, 584–585
as seen through Rife microscopes (photos), 202
toxins excreted by, 19–20, 690–691
UV light and, 432–433
viewing with Universal Microscope, 196–197
Patients vs. clients, 171, 880
Pau d’arco bark, 366, 684
Paxil
lawsuits against, 71, 134
price markup of, 41
quality control problems of, 134
violence when taking, 55, 66
PDR. See Physician's Desk Reference (PDR)
Peanuts, allergy to, 96
Peer-reviewed studies, 50
PEMf. See Pulsed Magnetic Field (PMf)
Pelvic Inflammatory Disease (PID), 844
Peptic (stomach) ulcer, 728
Peritonitis, 725
PERL M+ (Resonant Light Technology Inc.), 540, 547, 548, 550
(photos), 908, 935
Persecution of Rife, 220–222, 226–228
Personal care products
dangerous chemicals in, 973–988
safe alternatives, 987–994
source of (KD Gold), 905
Pesticides
Agent Orange, 139
coffee as, 271
heavy use of, 284, 289, 294
PET contact pad device (Electromed), 592
Pets, diet for, 355
PfOA (perfluorooctanoic acid), 356–358
pH
defined, 17–18
electrolytes and, 136, 138
imbalances and disease, 17–20
of mouth, 705
of water, 253–254
Pharmaceuticals. See Drugs, medical
Pharmaceutical industry
attack on Rife by, 220–221, 226–227
bribes, 43–44
FDA and, 37–39, 45–48, 138, 142
fighting against, 134–142
and government, 37–39, 40, 42
and medical journals, 50–51
opposing nutritional supplements, 154–155
public relations for, 52
and research institutions, 43–44
Pharmacists and drugs prices, 41
Phosphoric acid in soft drinks, 273
Phosphatase, 303
Phosphorus
in human vs. cow's milk, 301
in raw dairy, 304
Photons
Eradicator Shield and, 951
lasers and, 533
rife plasma units, 527, 528
INDEX

1065

Photoraphy, 533–534, 940–942
Physician's Desk Reference (PDR), 24–26, 33, 66, 67
phytotherapy
  phytotherapist, defined, 366
Principles and Practice of Phytotherapy (Mills and Bone), 366, 367
Pigs
  cruelty in food industry, 284–285, 286
dangers of eating, 285, 286, 298
Pine oil. See Turpentine, naturally derived
Pineal gland
  function, 435–436, 734
disorders of and frequencies for, 734
light and, 435–436
Pinworms, 783
Pituitary gland
  disorders of and frequencies for, 734
  function, 734
Placebo effect, 34
Plants, feelings of, 283, 883
Plasma units. See Radiant plasma units, general information
Plasma, unique properties of, 527
Plastic water bottles, 261
Pleomorphism
  basic theory of, 190–191
  Enderlein and, 193–194
  as global phenomenon, 198, 231
  medical community non-acceptance of, 228
  modern era of, 231–234, 236–239
  Rife's understanding of, 198
  as studied by Olbrich, 236–239
Pneumonia, 799
Poisons in water, 143–144, 251
Polio/Poliomyelitis
  definition and overview, 112
  original oral vaccine, 130
  overview and frequencies for, 663
  resulting from vaccinations, 107, 110, 111
  vaccine, contaminated 112–114
Politics
  of food, 870
  political action resources, 904–906
  political climate of the world, 864–879
  of water, 870, 872
Politics of medicine. See also Pharmaceutical industry
  children and. See Children, drugging
  clinical trials and. See Clinical trials
  defining health, 6–8
  doctors and, 28, 30
  drug approval process, 36
drug damage, 22–26
drug effectiveness, 24
drug iatrogenesis, 29–30
drug preparation, 26–27
FDA and pharmaceutical industry, 37–39
fictitious diseases, 137, 328–329
flu and, 48
  holistic healing, 167–169
  holistic living, 170–171
hospital procedures, 27–28
iatrogenic disease, 29–30
marketing and, 49–52
pharmacists and, 41
price gouging, 41, 42
vaccines and. See Vaccines
Pollack, Gerald H. 252, 489
Polyols (sugars), 334–335
Polyunsaturated fatty acids, 434
Pork
  cruelty in food industry, 284–285, 286
dangers of eating, 285, 286, 298
Porphyria, 791
Potassium
  as bicarbonate buffer, 263
  rife sessions and, 567
Poultry
  cage free, 293
  as dietary staple, 298
  free range, 293
  grain fed/vegetarian fed, 295–296
  pastured, 296
Power elite, 867–868, 872
Practitioners, holistic and rife-oriented, 906
Prayer, power of, 882
Precision Function Generator (PfG), 552 (photo), 554 (photo), 909
Pregnancy, rife session cautions with, 518
Premarin, 27
Preservatives/dyes/fragrances/flavorings, 341–344, 976–979, 984–985
Pressman, Saul
  on ozone and cancer, 400
  on ozone's properties, 392, 396
  on ozone, immunosuppressive effects of, 394
Price, Weston A., 347–349
Pricing of drugs, 41, 42
Prions, 792
Privacy, 877–879
Probiotics
  for Candida, 687
  colloidal silver and, 404
  obesity and, 777, 778
  overview, 459
  sugar and, 460
  and Vitamin K2 synthesis, 305
Proctitis, 725
Proline-rich Polypeptides (PRPs)
  colostrum component, 129–130, 614
  for immunity, 618
  for inflammation, 610
  for Lyme, 623
Propaganda, 873–875
Prostate
  cancer, 682
  overview and conditions, 765–766
Proteolytic enzymes, 372, 749
Protits, 194. See also Microzyma
Protozoa, overview and frequencies for, 780–790
Rife, Royal Raymond
alcoholism, 222
case study frequencies, 806
early inventions of (as Renaissance man), 195
eyearly life, 195
marriage of, 195
persecution of, 220–222, 226–228
photos of, xii, xviii, 203–208, 211–213
Rife equipment. See Frequency equipment, general information; Frequency equipment (Rife)—modern brands
second generation frequency devices, 228–230
Universal Microscope and, 196–199
Rife Research, Europe, 909
Rife sessions
for animals, 522
basic course, 595–599
cats and, 754
cautions with autodefibrillators, 518
cautions with blood clots, 519
cautions with drugs, 519
cautions with heart conditions, 516–518
cautions with herbs, 519
cautions with implants, 519
cautions with nursing, 518–519
cautions with nutritional supplements, 519
cautions with organ transplants, 520–521
cautions with pacemakers, 516–518
cautions with pregnancy, 518
for children, 521–522
clothing for, 569
consuming water with, 249, 515, 520
detox and die-off (Herxheimer) reactions, 561–564
eating and, 569, 571
for the elderly and weak, 569
electromagnetic sensitivity and, 520
environment for, 569–571
for more than one condition at a time, 569
how to administer, 595–599
influence on others, 572
legal implications of, 913–918
number and duration of frequencies, 567–568
nutritional support/diet for, 571, 566, 567
practitioners, 586–589
reactions to, 561–567
regularity of administering, 567–568, 583–584
sensations during, 562–563
timing of, 567–568, 570
waste elimination and, 520
wearing metal during, 569
Rife technology. See also Rife sessions
clinical trials, 592–593, 969–970
complementary therapies and, 572
FDA and, 590–591
legality and recognition of, 590–593
for pain, 590
practitioners of, 586–588
radionics and, 573–574
safety of, 582
Rife-related Internet groups, 909
Rife-related resources, 902, 906–907, 909
Rife-related websites, 909
Ringas, Jason, 222, 560, 562
Ritalin
nonprofit ADD support group and, 67
children taking, 53, 54, 55, 62
lawsuit involving, 69–70
toxic “side” effects, 67, 69, 70, 74
Root canals, 700
Ropeworm, 784–785
Rosacea, 813–814
Rose hips, 778
Rosenow, Edward C., 194, 197, 198, 219, 391
Rosner, Bryan, 321, 427, 472, 570, 622, 627, 628, 633
Rotavirus, 837
Rubenfeld synergy, 429–430
Saccharine, 46, 139, 275, 335
Saccharomyces boulardii for Candida, 687
SAD (Seasonal Affective Disorder), 436–437
Safety of Rife Therapy, 582
Sage, 781
Salmonella, 637–638
Salt
real salt, 267
and Vitamin C protocol, 566, 623
sources for, 904
Sanitation, health and, 105
Sarcoma, defined, 680, 682. See also Cancer
SARS (Severe Acute Respiratory Syndrome), 800
Saturated fats, 345
Sauna
far infrared (FIR), 482, 483, 943–944
The Holistic Handbook of Sauna Therapy (Sylver), 9, 452
and niacin protocol, 484, 696, 910
ozone, 399–400
sources of, 910
steam, 482, 483
therapy, 481–484
Sawtooth waves, 523, 524, 582
Scalar (octave) conversion calculator (Sutherland), 580–581
Scalar (longitudinal) waves, 199, 215, 216, 581–582
Scar tissue
acupuncture energy field disturbance and, 809
castor oil for, 481
in muscles, 416–417
Scarlet Fever, 804
Schizophrenia, 664
Schmeiser, Percy, 871
Schumann Resonances, 807, 948, 949, 951
Seafood, safety of, 299–300
Seasonal Affective Disorder (SAD), 436–437
Sea buckthorn oil, 778
Seaweeds
B12 analogue in, 277
to neutralize radiation, 455
Seeds
genetically engineered, 140, 290, 870
genetically engineered, frequencies for, 729
non-GMO companies, 141
and nuts, as dietary staple, 307, 309
Seibert, Florence, 232–233
Selective Serotonin Reuptake Inhibitor (SSRI) drugs, 56–57, 64
Selenium
for argyria, 409
importance of, 258
rife sessions and, 566
for thyroid hormone conversion, 735
Self-empowerment, 171, 890–892
Senna, 781
Serotonin, 8, 64, 360, 363, 422
Sessions, rife. See Rife sessions
Sexual functioning, 766, 842–843
Sheep sorrel herb, 670
Shielding necessity for electromedical devices, 214, 516
Shigella, 638
Shingles, 833
Sick building syndrome, 690, 693
Sickle cell anemia, 743
“Side” effects
of aspartame, 46–48, 337
of Ambien (zolpidem), 25–26
of Azidothymidine (AZT), 26
defined, 22
of drugs, 22–23
of Eskalith (lithium carbonate), 25
of isolating active ingredients, 233–234
of Paclitaxel, 24–25, 33
of Prozac (fluoxetine), 56, 651
of rBGH (recombinant bovine growth hormone), 45–46
of some popular psychotropic drugs, 56–61
of statin drugs, 136–139
of tetracycline, 24
of Tylenol, 139
of Vioxx, 135
Signal penetration in body, 523, 539
Simian Virus 40 (SV 40), 112–113, 838
Simoncini baking soda treatment (cancer), 668
Simultaneous frequencies from one unit, 547–548
Sine waves
effect on cells, 581
fundamentals of, 523–524
Rife Ray and, 214, 224
Single-color therapy, 438–439
Singlet oxygen, 395, 398. See also Ozone/ozone therapy
Sinuses. See also Lungs; Respiratory tract; Throat; Vocal cords
ailments of and frequencies for, 801–802
overview, 800–801
rinses for, 797
ozone and, 396
Sjögren’s syndrome, 808
Skeletal problems. See Bone and skeletal problems
Skin
brushing, 485
cancer of, 431, 434, 682–683
care products, 485, 809
ailments and frequencies for, 808–814
importance of touch, 420–421
rashes from electrodes, 531
tags, 814
Slaughtering techniques, 287
Sleep. See also Insomnia
bedding and, 489
darkness and, 487
deficits, and disease, 8
deprivation, 486–487
electromagnetic pollution and, 487
food/supplements to induce, 488
herbs to induce, 488
Inclined Bed Therapy (IBT), 489–491
Rapid Eye Movement (REM) sleep, 67, 486
sleep apnea, 824–825
sleeping sickness, 790
temperature during, 489
Slippery elm bark
digestive tract and, 318, 726
in Essiac formula, 670
in poultice, 473, 477
as stool softener, 369
Small intestine ailments, 725–727
Smallpox, 839
Snake oil, vindication of, 156
Soda pop, negative effects of, 273, 275
Sodium.
See also Salt
as bicarbonate buffer, 263
rife sessions and, 566
Sodium alginate
chelation and, 625
radiation protection and, 455, 625
Sodium chlorite/MMS (Miracle Mineral Supplement), 618
Soft love, 888
Soft lasers, 534, 942
Soil, depletion and supplements, 372–373
Solanine (alkaloid), 306
Somatids, defined, 233
Sonogram, dangers of, 145–146
Sorbitol, 319, 334–335
Sound.
See also Infrasound; Ultrasound
audio range frequencies, 580
healing with, 944–948
music vs. noise, 924
Soy
dangers of, 307, 308
as mycoplasma food, 634
Spark gap (rife machines), 540, 584
Spectro-Chrome Color Therapy, 440–442, 899
Spice drink, 278
Spinal taps, dangers of, 28
Spirituality, 856, 888–889
Spirulina
and B12 analogues, 277
blood sugar regulation and, 643
radiation protection and, 453
Spine conditions, 816
Splenda, 48, 336, 338

Squamous cell carcinoma, 682–683

Sun
- infrared wavelengths and, 435
- sunburn/skin cancer/cataracts, 434
- therapeutic value of, 430–431
- ultraviolet light and, 431–435
- Vitamin D and, 433

Supplemental bovine somatotropin (bST), 46

Supplements, nutritional. See also specific nutrients
- allergies to, 388
- amino acids, 372
- analogues of, 375–376
- basic nutrients, 371–372
- bioavailability of, 375–376
- co-factors in, 375
- conversion difficulties with, 379–383, 384
- customized, 388–389
- dangerous ingredients in, 374–375
- enzymes, 371–372
- essential fatty acids (EFS), 372
- food-based, 373–374
- glandulars, 385
- interactions with drugs, 154–155
- light refraction of, 377
- and molecular shape, 375–376
- minerals, 371
- minimal daily requirements for, 379, 384
- natural, 373–374
- need for, 372–373
- Nieper, 386
- oxygen supplements, 398
- purposes of, 373
- resources for, 904–905
- rife session cautions with, 519
- synthetic vs. food-based, 373–378, 378–381
- vitamins, 371

Suppression of emotion, 20, 22

Sweat, learning to, 482. See also Sauna therapy

Sweep function (rife machines), 527, 531, 545–546
Sweeteners
agave syrup, 332–334
aspartame, 46–48, 275, 336, 337
overview of, 319–322, 324–325
dangers of, 319–322, 324–325
coconut sugars/saps, all kinds, 327
date sugar, 327
dehydrated sugar cane juice, 326
fructose, 330–332
in fruit juice, 275
glycemic index and, 324–325
high fructose corn syrup (HFCS), 332
honey, 327, 330
maple syrup, 326–327
molasses, 326
palm sugar, 326
saccharine, 46, 139, 275, 335
in soft drinks, 273, 275
stevia herb, 338–341
sucralose, 48, 275, 336, 338
sucrose/table sugar/white sugar, 325–326
Vitamin C and, 320
xylitol and other sugar alcohols, 334–335

Swimming pools, 391, 398, 414
Swine flu/H1N1, 838
Sympathetic vs. parasympathetic nervous system, 650
Syndrome X. See Carbohydrate intolerance
Synthesized foods. See Fake food
Synthetic chemicals as food, 341–347
Synthetic vs. food-based vitamins, 373–378, 378–381
Syphilis, 764–765, 847

T
Tamiflu, 48, 826
Tansy, 781
Tapeworm, 788–789
Teas
black and green, 275
herbal, 277–278
Technical support for frequency devices, 536–537
Tecoma stans, to lower blood sugar, 643
Teeth. See Dental issues
Teeth grinding, protocols for, 706
Teflon, 356–358
Television, effects on health, 147–152
Telomeres, 415–416
Tendon tears, 752
Tennant Biomodulator, 750, 752, 773, 792, 815, 929–930
TENS (Transcutaneous Electro-Nerve Stimulator) units, 561, 588, 928–929
Terminal illness, 860–861
Terminalia chebula, 618, 622
Terrain
healing of, 191–192
pathogens and, 236–239
Tesla Lights, 585
Tesla, Nikola
cold plasma ozone method, 392, 398
influence on Rife’s technology, 218, 527, 938
ozonated olive oil and, 398
Tests, medical, dangers of, 27–29. See also Clinical trials
Tetracycline, 24
Texturized vegetable protein (TVP), 298, 300, 344
Thiamine (Vitamin B1), 320, 648, 666, 778
Third eye, 435
Thirst, diabetes and, 322
Thompson, William, 116
Thompson, Verne, 219, 222, 228
Thorp, Clark E., 393–394
Threadworms, 789
Throat. See also Lungs; Respiratory tract; Sinuses; Vocal cords ailments and frequencies for, 803–805
overview, 734
Thyme, 781
Thymus gland, ailments of and frequencies for, 734
Thyroid gland
disorders of and frequencies for, 736–739
hormones, nutrients for, 735
hormone substitution and, 167
overview and function, 734–735
thyroid hormone and heart conditions, 742
Timing of eating, 282
Timing/regularity of rife sessions, 567–568, 583–584
Tinnitus, 709
TMJ problems, protocols for, 706
Tobacco, dangers of, 362, 364
Toothpaste recipe, 703
Touch. See also individual bodywork modalities
emotions and, 422–423
physiology of, 420–421
Touch for Health (Thie), 575
Touching: The Human Significance of the Skin (Montagu), 420
Tough love, 888–889
Toxicity. See also “Side” effects; individual substances
of chemicals, 9, 452–453, 973–988
of drugs, 24–26
electromagnetic, 11, 13–15
elimination through saunas, 481–484
mold toxins and Lyme, 690–691
toxic bodily responses, 20
toxins, defined, 9, 22, 71
Toxoplasmosis, 789
Trace minerals, 264, 267, 304, 371, 566
Trans fats (transformed fats), 345
Transcendental Meditation (TM), 492–497, 883–884
Transcranial Direct Current Stimulation (tDCS from Pulsed Technologies), 911, 940
Transcutaneous Electro-Nerve Stimulator. See TENS
Transfer factors. See Proline-rich Polypeptides (PRPs)
Triangle waves, 523, 524, 581, 924
Trichinosis, 789
Trichomonas, 790
Trigger Point Therapy, 424
Tryptophan, 360, 361, 363, 488
Tuberculosis
overview and frequencies for, 818
Alexander-Jackson’s experiments with, 231
Vaccination information organizations, 911
Vaccinations, reactions to (protocols for), 126–131, 697
Vaccines (general). See also individual vaccines
allergens/adjuvants in, 95–97
alternatives to, 126–131
aluminum in, 92
antibodies and, 84
bodily waste in, 87–88
CDC and, 112–117
chemicals in, 95
contaminants in, 112–114
dangers from, 75–125
dangers of altered viruses in, 85–87
dangers of injecting, 86
doctors and, 86, 123–125
effects on brain biochemistry, 106
facts about, 93
flu shots, 121–122
as foreign substances, 105
immune response to, 87, 105
immunity and, 83
inoculation programs, 107, 110, 111, 120–121
liability protection, 108–110, 111
mercury in, 88–92, 94
origin of, 75–77, 82
sanitation and, 105
schedule for (Great Britain) 78–79
schedule for (United States), 80–81
statistics, deceptive, 105, 107, 117–119
testing for, 75, 85
theory of, 83–85
types of, 85
vaccinated vs. unvaccinated, compared, 127
vaccination resource organizations, 911–912
VAERS (Vaccine Adverse Event Reporting System), 93
veterinarians and, 103
Vitamin A and, 130
Vaginal infections
frequencies for, 845–848
overview, 845
Valerian, interactions with drugs, 155
Vanadium, 643, 778
Vascular Autonomic Signal (VAS), 579, 933
Vegetables
conventionally grown/raised, 287
as dietary staple, 306–307
goitrogenous, 307, 735
heavily sprayed, 294
juicing, 275–277
nightshade, 306, 193, 610, 721, 749
vegetarian fed/grain fed animals, 295–296
Vegetarianism
and emotions, 281
and pregnancy, 348
Vertigo, 824
VIBE machine, 944
Villi
damage to, 314–315, 318
physiology of, 458, 725

Vinegar, 353, 989

Vioxx, 135

Vircow, Rudolph, 193

Viruses
altered, and disease, 85–87
cancer virus and pleomorphism, 198
carcinoma virus, viewing of, 197
overview and frequencies for, 824–840

Vitamin A
autism and, 130, 697
vs. beta-carotene, 379
fat-soluble, 378
immune protection and, 119
keratosis pilaris and, 812
lungs and, 469
malaria and, 787
measles and, 119
sources of, 458, 469
thyroid hormone activation and, 735

Vitamin B1. See Thiamine (Vitamin B1)

Vitamin B3. See Niacin (Vitamin B3)

Vitamin B5. See Pantothenic acid (Vitamin B5)

Vitamin B6
active vs. inactive, 380, 383
for thyroid hormone conversion, 735

Vitamin B7. See Biotin (Vitamin B7)

Vitamin B9. See Folate/folic acid (Vitamin B9)

Vitamin B12
absorption, 371, 383, 727
active vs. inactive, 379–380
ADD and, 653
Alzheimer’s and, 652
analogues, 277, 308, 376
anemia, 742
friendly flora and, 459
in milk, 304
synthetic, 379–380
in vegetarian diets, 348

Vitamin B17 (amygdalin). See Laetrile

Vitamin B-complex. See also individual B vitamins
for argyria, 409
heart attacks and, 742

Vitamin C
for argyria, 409
chelation and, 624, 626
for Ebola, 829, 831
the heart and, 742
complex, 375
heart attacks and, 742
Herxheimer reactions and, 566
infections and, 132, 618
liposomai, making your own, 387
natural vs. synthetic, 375–377
overview, 132
rife sessions and, 571

Vitamin D
bone formation and, 371, 645, 647
calcium assimilation and, 301, 371, 647
cancer and, 669
forms of, 306, 375, 433
immunity and, 618, 813
influenza treatment and, 835, 839
natural vs. synthetic, 375–376
parathyroid and, 733
sunlight and, 432, 433
for thyroid hormone activation, 735
vs. Vitamin F, 434

Vitamin E
for argyria, 409
and sickle cell anemia, 743
interactions with drugs, 154
natural vs. synthetic, 375–376
for radiation poisoning, 456
as safe preservative, 342, 485
skin care and, 809–810, 812, 839
for thyroid hormone conversion, 735

Vitamin F, 434

Vitamin K
for bone, 19, 388, 419, 645
clotting factor, 643, 828
as fat-soluble activator, 349
friendly flora and, 459

Vitamins, fat-soluble, 378
Vitamins, water-soluble, 378

VitaSet Generator (VSG, Pulsed Technologies), 900, 952

Vitiligo, 812

Vocal cords. See also Lungs; Respiratory tract; Sinuses; Throat
conditions, frequencies for, 805
overview, 804–805

VoiceBio assessment, 945–946

Voltage, defined, 532

W

Wade, Gary, 219

Wakefield, Andrew, 114–117

Walker, Peter, 234, 544, 574, 592, 677

Warburg, Otto, 669

Warranties on frequency devices, 537

Water
alkaline, 263
clinical trials and, 34
consuming with rife sessions, 249, 515, 520
corporate control of, 870, 872
decontamination, 251
dehydration, signs of, 266
distillation, 253–260, 262
drugs in drinking water, 143–144
electrolysis (ionization) of, 262–263
electrolytes, 253–254
INDEX

Wilson, Steve, 45–46
Wim Hof
basic breathing protocol, 10, 770
blood pH, 18
cold exposure protocol, 770
Witch hazel, 367
Women
ailments of and frequencies for, 840–848
discrimination against, 27, 914
effect of caffeine on, 270
World Bank, 869
World Trade Organization (WTO), 869
World Without Cancer (Griffin), 36, 44
Worms, overview and frequencies for, 780–790
Wormwood, 781
Wounds (external), and electrodes, 570–571

X
X-rays
dangers of, 13, 28–29
plasma tube and, 539
Xylitol and other sugar alcohols, 334–335

Y
Yale, Arthur W. 219, 226
Yeast
in gastrointestinal tract, 718
infection (vaginal), 848
types of, with frequencies, 684–686, 688–689, 692–694
Yellow Fever, 831

Z
Zapper, 535
Zeolite
chelation and, 625
to neutralize radiation, 457
Zika virus, 839–840
Zinc
chelation and, 624
importance of, 258, 260, 386
interactions with medicine, 155
rife sessions and, 566
for thyroid hormone conversion, 735
Zonulin protein, 314
Dr Sylver is author of three books: "The Holistic Handbook of Sauna Therapy," "The Rife Handbook," and "The Rife Handbook of Frequency Therapy with a Holistic Health Primer." Dr Sylver has a PhD in Transformational Psychology and helps people make a conscious choice to live from a place of love, accountability, and self-sovereignty on their journey to emotional expansion, intellectual development, physical health, and spiritual growth. Whether it's the restoration of wellness and balance to the body, the attainment of a loving honest relationship, the enjoyment of music's celestial harmonies, or...