The Effects of Daily Art Activities on Attention in Elementary Students An Action Research Report By Marjan

Marjan Oghabi, St. Catherine University

Date of Award
12-2016

Document Type
Action Research Project

Degree Name
Master of Arts in Education

Department
Education, Montessori

First Advisor
Sandra Wyner Andrew

Department/School
Montessori Elementary Education, Elementary Education

Abstract
The goal of this action research project was to investigate the effects of morning art activities on student focus. The intervention took place over five weeks at a public elementary school. Nineteen students participated in a lower elementary Montessori classroom of six to nine year olds. The qualitative and quantitative data collected were student surveys, behavior tally sheets, student and teacher assessments, field observations and conversations. The evidence showed a relationship between daily art activities and student concentration. The students increased their time on task while writing reflections about their artwork throughout the five-week study. Future research could examine the role of art on students’ social emotional development and how art exploration develops cooperation.

Recommended Citation

Offering daily, before-school, aerobic activities to younger, at-risk children could help in reducing the symptoms of ADHD in the classroom and at home, research suggests. Signs can include inattentiveness, moodiness and difficulty getting along with others. Share: FULL STORY. Paying attention all day in school as a kid isn't easy, especially for those who are at a higher risk of ADHD, or attention deficit hyperactivity disorder.

A Randomized Trial Examining the Effects of Aerobic Physical Activity on Attention-Deficit/Hyperactivity Disorder Symptoms in Young Children. Journal of Abnormal Child Psychology, 2014; DOI: 10.1007/s10802-014-9929-y. Cite This Page