The Chinese Cultural Influence on Filipino Cuisine

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Abstract
This paper illustrates the impact of the Chinese cultural influence upon the Philippines with the primary focus being on Filipino cuisine. It examines how the Chinese cultural influence not only contributed to the development of Filipino cuisine, but how Chinese culture has also influenced the everyday life and culture of the Philippines through language and customary practices for over a millennium. The first section of the paper analyzes the cultural connection between China and the Philippines. The second section illustrates the Chinese language influence and its effect upon Filipino cuisine and culture. The third section explores the contested origins of one of the most recognized dishes within Filipino cuisine. The final section explores how Chinese food items and their cultural significance have been infused into Filipino culture via Filipino cuisine.

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Vietnamese cuisine developed with influence from neighboring countries, particularly China. You will find evidence of Chinese and Vietnamese cuisines influencing one another in, for example, the presence of wontons and wheat noodles in both cuisines, as well as in the use of New World vegetables like chili peppers and corn, which were present in the Ming Dynasty and made their way to Vietnam. Vietnamese duck image via shutterstock. But Vietnamese cuisine also has several unique factors, one of which is the philosophy that is central to concocting a recipe. It seems that you have an insightful view of the French influence on Vietnamese cuisine and the innovation of Vietnamese people to make it suitable for their appetite. Reply. John says: Feb 16, 2019 at 4:51 pm. The influence of Chinese food is prevalent in Filipino cuisine. Even the Filipino emphasis on family values has strong similarities to that of Chinese Confucianism. Over 170 languages are spoken on the 7,107 islands of the Philippines, as groups who came to the islands via prehistoric land bridges were later separated. Due to the existence of so many subcultures, the specific influences of the Chinese can be difficult to ascertain. The Chinese Filipinos who had studied in the Philippines and abroad, including national hero Jose Rizal, introduced liberal ideologies to the people, which led to the formation of a revolutionary army that fought the Spanish and, later, the Americans. Similar Articles. What Are the Japanese Influences on the Philippines?