The Nature of Learning. Using Research to Inspire Practice. Edited by Hanna Dumont, David Istance and Francisco Benavides. The learning sciences are importantly enriching our understanding of how people learn best, and showing that many existing school learning environments are in direct contrast to this. Classrooms, schools and education systems cannot change overnight but neither is it possible to accept arrangements that are in direct contrast to what makes for good learning. Guided Learning: the teachers take the main relevant decisions about the goals of learning, learning strategies, and how to measure outcomes, while taking care of feedback, judgements and rewards.