Foundations of problem-based learning: some explanatory notes
It seems that among these approaches, Problem-based Learning (PBL) is capable of providing students with opportunities to learn conceptual knowledge and develop the skills and attitudes valued in their chosen careers - as well as in society at large - without the need to extend or overburden the curricula (Savin-Baden, 2000). Foundations of problem-based learning: some explanatory notes. Medical Education, 27, 422-432.

Schön, D. A. (1983). Concerning problem-based learning, 16.6% (n=32) of re-cruits believed the academy needed more mock scenes, prac-tical experience, and field training (as part of the academy experience). This figure does not include those recruits ex-pressing support and ex-panion of PBL. Surprisingly, while recruits were positive of the new training, only 3.1% (n=6) indicated this recommendation. Foundations of problem-based learn-ing: Some explanatory notes. Medical Education, 27, 422–432. http://dx.doi.org/10.1111/j.1365-2923.1993.tb00296.x.