Sikh Gurus: Their Lives And Teachings

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Guru Nanak - Wikipedia
Sikhism is based on the spiritual teachings of Guru Nanak, the first Guru (1469–1539) and the nine Sikh gurus that succeeded him. Sikhism evolved in times of religious persecution. Two of the Sikh gurus—Guru Arjan (1563–1606) and Guru Tegh Bahadur (1621–1675)—were tortured and executed by the Mughal rulers after they refused to convert to Islam. The persecution of Sikhs triggered the founding of the Khalsa as an order to protect the freedom of conscience and religion, with qualities of a Living Masters and Their Living Disciples. Never anywhere in the Guru Granth or Sikh Scriptures do the Sikh Gurus say we only need to worship a book or solely rely on scriptures. Rather, they proclaim the role of Living Gurus to show their disciples that God is within their own body. "Listen to the instructions of the Sat Guru, for they will endure. Says Nanak, "O my beloved mind, forever cherish the Truth." Prays Nanak, But for Society of the Saints, the whole world is false." (Gopal Singh translation). In the Guru-given Gnosis is contained the wealth of the Lord's Name, and the Lord's Nam