The Silent Epidemic of Road Traffic Injury: What Can Music Therapists do About It

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Abstract

Can music therapists do anything about road traffic injury and its effects? Road traffic crashes are responsible for up to 1.2 million deaths and up to 50 million injuries globally each year. One quarter of these injuries are traumatic brain injuries. In this paper, the literature related to music therapy and traumatic brain injury is reviewed. By analysing this literature, it becomes apparent that music therapists have provided for those injured almost to the exclusion of those affected by traumatic brain injury, the family, the community and the society. Using literature related to trauma, the author discusses ways in which music therapists may change the scope of music therapy in relation to caring for people affected by road traffic injury and considers the role music therapists may play in the prevention of road traffic injury in the future.

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The Silent Epidemic. The wounds caused by car accidents are among the top 10 death reasons in European and Asian countries, according to the World Bank report called “Fighting The Death On Wheels”[1]. About 80,000 people died in 2007, only in Eastern Europe. Other big mortality rates are observed in Montenegro, Georgia, Slovakia, Poland, Turkey and Bulgaria. For every death, about several other people are injured. Some of the low safety quality of traffic is the result of the damaged roads; the increase of the number of second hand, old and unsafe vehicles; and most important by the traffic behavior of drivers. Advertising. Driving Under The Influence. However, the silent epidemic of the death on wheels keeps reducing the benefits of these investments. The Silent Epidemic: This documentary delves into the scientific and socially misunderstood world of self-harm, shedding light on groundbreaking scientific research and offering hope. Part 1. Part 2. Talkspace.com: Talkspace is a digital therapy resource, allowing users to engage with a therapist anytime on their smartphone or through the web. It provides “affordable, confidential, and anonymous therapy at the touch of a button.” This can be a great resource for those who feel they do not have the time for in-person therapy appointments or do not have many treatment resources available locally. Other helpful websites: Mindframe's Quick guide for reporting about self-harm is a great guide for anyone working in media to learn how best to report on self-injury, and what to avoid.