Despite its name, simple elbow dislocation is a complex injury of the capsuloligamentous structures. The results of the meta-analysis show that severity of soft tissue injury is correlated with prognosis, although the extent to which conclusions can be drawn from the studies on this subject is limited by their retrospective design (10–13, 34). Osborne G, Cotterill P: Recurrent dislocation of the elbow. J Bone Joint Surg Br 1966; 48: 340–6 MEDLINE. 39.