This book is designed for and dedicated to you. We are offering instruction to a much broader audience than do typical texts, and there may be topics to be colored that are challenging to a first-year college student but not so challenging for a first-year medical or physical therapy student. If a page of illustration(s) confuses you, step back and look at the drawing(s) in the context of its place in the body. Keep going back to larger and more expanded views until you are comfortable with that level; then go one level deeper. More informal seekers of self-realization and those with impairments have also been drawn to The Anatomy Coloring Book because of its lighter, more visual approach to understanding. Truly, a picture is worth a thousand words! The first edition of The Anatomy Coloring Book was published in 1977, and its immediate success inspired the development of a completely new field of publishing: educational coloring books. Kapit went on to create The Physiology Coloring Book with the assistance of two professors who were teaching at Berkeley: Dr. Robert I. Macey and Dr. Esmail Meisami. That book was published in 1987 and has gone through two editions. In the early 1990s, Kapit wrote and designed The Geography Coloring Book, now in its second edition.