Fashioning a Better Future: Why Educating Young People about the Impact of their Clothing Choices Matters

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Date of Award
1-31-2013

Document Type
Thesis

Degree Name
Master of Arts in Liberal Studies (MALS)

Department
Liberal Studies

First Reader
Margo Mensing

Second Reader
Mary Pat Champeau

Abstract
This thesis explores who and what is harmed by the production and consumption of clothing. The research investigates the roots of today's slow fashion phenomenon. The evolution of anti-consumerism, do-it-yourself culture and "upcycling" is critically examined. In the twenty-first century, various options exist for individuals looking to shop and dress in a way that is reflective of their personal ideals about social justice, animal rights and environmental protection. Since young people are so receptive to fashion trends and spend their disposable income on clothing, educating them about the impact of their choices is imperative. The appendix contains a high school unit plan demonstrating how this information may be applied in the classroom through team-building exercises and group projects.

Recommended Citation

https://creativematter.skidmore.edu/mals_stu_schol/88