A Study of the Utilization of Brief and Biblically Integrated Child Parent Relationship Therapy with Mothers from Christian Families and Their 11-14 Year Old Children

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Abstract
Twenty-six mothers and their 11-14 year old children participated in the Child Parent Relationship Therapy (CPRT). Although designed for elementary-aged children, CPRT was modified for pre-teens and biblically integrated worldview. An analysis of data obtained from the Parenting Relationship Questionnaire-CA (Kamphaus & Reynolds, 2009), Conflict Behavior Questionnaire-20 (Robin & Foster, 1989), and Inventory of Parent and Peer Attachment (Armsden & Greenberg, 1987) revealed meaningful trends in the decrease of frustration, levels of conflict, and negative communication within family systems. It is hoped that these findings will encourage additional research to help Christian mothers and therapists with an effective tool that can be utilized to enhance mother-child relationships while assisting adolescents to develop executive skills which will empower them to successfully bridge into adulthood.
This book offers a survey of the historical and theoretical development of the filial therapy approach and presents an overview of filial therapy training and then...