Cosmetic potential of herbal extracts

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Abstract: Cosmetology, the science of alteration of appearance, has been practiced since primordial times. In India, the concept of using herbs for beautification finds its origin in traditional medicine literature like Ayurveda. The cosmetic preparations were used for the purpose of worship and sensual enjoyment. Moreover, since centuries, the herbal extracts, as a whole or part thereof, have been used for various ailments of the skin, hair and for overall appearance. The market research shows upward trend in the herbal trade with the herbal cosmetic industry playing a major role in fuelling this worldwide demand for herbals. The recent interest of consumers in herbal cosmetics has been stimulated by the decline of faith in modern cosmetics, the belief that plant remedies were natural and thereby superior to man-made synthetic cosmetics, and the reference to successful historical use by different cultures. These reasons have contributed to the increased acceptance as well as manufacture of herbal cosmetics. Many herbs have been scientifically evaluated for their cosmetic potential. Some traditional plants like Trigonella foenum-graecum Linn., Azadirachta indica A. Juss., Mimosa tenuiflora Benth., Aloe vera Linn., etc. need special mention. The great void remains though for a systematic, thorough review of scientific data that provides a basis for the use of specific herbs and their efficacy as cosmetics. Similarly, there is a lack of scientific review of phytochemicals that are used in cosmetic preparations. This review attempts to fill-up this gap and emphasizes the need for safety evaluation of herbal cosmetics.

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The cosmetic potential of herbal extracts is varied and huge. With the cosmetic industry flourishing by leaps and bounds, the use of herbal extractshas increased manifold. Cosmetics alone are not enough to take care of the skin health. So, herbal cosmetics are gaining much popularity among people due to the benefits associated with herbs. Herbal cosmetics are effective for routine use in daily life as they are devoid of side effects. Hence, the trend is shifting towards using products with natural ingredients. Since there are chances of skin sensitisation, photosensitisation, photo toxicity et Thus herbal cosmetics formulation is safe to use was proved and it can be used as the provision of a barrier to protect skin. Keywords: Herbal cream, Anti ageing, Cosmeceutical, Microbial Stability.

1. Introduction. The concept of beauty and cosmetics is as ancient as mankind and civilization. Indian herbs and its significance are popular worldwide. An herbal cosmetic have growing demand in the world market and is an invaluable gift of nature. The present work focuses on the potential of herbal extracts from cosmetic purposes. The uses of cosmetic have been increased in many folds in personal care system. The use of bioactive ingredients in cosmetic influence biological functions of skins and provide nutrients necessary for the healthy skin. Cosmetics made up of herbal extracts for skin care and hair-care are very popular for their reliability [3][4][5]. Herbal cosmetic products include various formulations. The word herbal indicates safety as compared to synthetic products which are having various adverse effects on human health [3][4][5][6][7]. Herbal cosmetic products include various formulations. The word herbal indicates safety as compared to synthetic products which are having various adverse effects on human health [3][4][5][6][7]. Coloring lips is the ancient practice to enhance the beauty of lips and to give glamo