Poor health habits (drinking, smoking, lack of exercise) obviously take their toll on individuals and their families. The costs to other members of society are less obvious but more far-reaching. This book quantifies the financial burden these detrimental habits place on other Americans. The authors measure the direct costs of poor health habits (fire damage, motor vehicle accidents, legal fees), as well as collectively financed costs (medical care, employee sick leave, group health and life insurance, nursing home care, retirement pensions, liability insurance). The authors describe exactly how and to what extent drinking, smoking, and lack of exercise are currently subsidized, and make recommendations for reducing or reallocating the expense.

This report is part of the RAND Corporation commercial book series. Periodically, RAND Corporation researchers publish with commercial presses. These books are not available from RAND but can be requested directly from the publisher, except in cases where the rights have reverted to RAND and we have republished a new edition.

The RAND Corporation is a nonprofit institution that helps improve policy and decisionmaking through research and analysis. RAND's publications do not necessarily reflect the opinions of its research clients and sponsors.
Habits You want to avoid for getting Healthy Sperm? 2:37. "Manuel Valls a remis ses habits de médiateur”, décrypte Alba Ventura. 1:15. Actor Jibran leaking out the angry habits of Actress Areej & how she broke a bottle on maid’s head. 2:03. Bad habits of bollywood Stars. 3:26. Coupe de France : L’Idonnière en habits de lumière. Poor health habits (drinking, smoking, lack of exercise) take their toll on individuals and their families. The cost to society is less obvious but more far-reaching. This investigation quantifies the financial burden these detrimental health habits place on American taxpayers. The authors measure the direct costs of poor health habits (fire damage, motor vehicle accidents, legal fees), as well as collectively financed costs medical care, employee Read More.