Exploring Personal Narrative and Storytelling Through the Recreation of a Historical Children's Fairy Tale

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Abstract
This report discusses the main design decisions that informed the creation of my picture book ‘Manting and the Emperor.’ Through illustration and storytelling I have fused a specific memory from my childhood to Hans Christian Andersen's narrative of The Emperor's New Clothes. Three key children's... Read more

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Narrative Psychotherapy Personal growth Psychological well-being Traditional fairy tales. Background. The use of narrative strategies in clinical psychology and psychotherapy has a long tradition (Holmes [2000]). The aim of this work was the introduction of a specific application of narrative therapy in the psychological/psychotherapeutic domain, that makes use of the narrative structure of fairy tales, as well as the metaphors they contain, to help people solve problems in their daily life, overcome stressful events and increase their well-being. We present a pilot study with emotionally distressed women, and describe a narrative intervention based on fairy tales told and discussed in a group format. Methods. Participants. The fairy tale is only one type of appropriation of a particular oral storytelling tradition: the wonder folk tale, often called the Zaubermärchen or the magic tale. As more and more wonder tales were written down in the fifteenth, sixteenth, and seventeenth centuries, they constituted the genre of the literary fairy tale that began establishing its own conventions, motifs, topoi, characters, and plots, based to a large extent on those developed in the oral tradition but altered to address a reading public formed by the aristocracy and the middle classes. textualization of an oral tale adds other historical, social, and ideological factors that need to be. taken into consideration. depends on the manner in which a narrator/author arranges known functions of a tale. The Irresistible Fairy Tale: The Cultural and Social History of a Genre. Jack Zipes. Print publication date: 2012. Under the terms of the licence agreement, an individual user may print out a PDF of a single chapter of a monograph in HSO for personal use (for details see www.princeton.universitypressscholarship.com/page/privacy-policy).