Max and Milo Go to Sleep by H. & E. Long

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Abstract


In *Max and Milo Go to Sleep*, we read about two brothers who share a room. Max, the elder and very sleepy brother, is kept up by his younger brother Milo’s antics. Milo has tried counting sheep and still can’t sleep. Like any younger brother would, Milo calls to Max for help. Max suggests that Milo read a book but of course he doesn’t do that quietly, nor is that the last problem Milo has that night. After a series of problems, Max snaps. He can’t take Milo and his nightly sleep aversion routine. Mid-lecture, Max realizes that Milo has finally gone to sleep. But will Max be able to catch his Zzzzs that night?

This book is one of those children’s books that the parent may enjoy more than the child. It is written like a comic book so the cartoonish illustrations are crucial to the story. Max and Milo both have huge expressive faces which make it quite easy to pick up how each brother is feeling. Parents will surely sympathize and laugh out loud at Max’s exasperation with Milo who “never really [tries] to go to sleep.” A lot of detail was put into the pictures, for example Max had *The Legend of Sleepy Hollow* on his bedside table. My five-year old nephew thought that this book was ‘awesome and so funny’. *Max and Milo* is likely to become a bedtime favourite.

Highly recommended: 4 stars out of 4

Reviewer: Brittany Gregson

Brittany Gregson is a graduate of MacEwan University’s Library and Information Technology program. She works at the Family and Community Resource Centre, Alberta Children’s Hospital as the Child Health Information Specialist. Other than reading she enjoys both baking and crafting.

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Milo Goes to College is the first LP by the American punk rock band the Descendents, having been preceded by 1981’s Fat EP. The album was released in 1982 through New Alliance Records. The cover illustration is a caricature of Milo Aukerman that would go on to become the band’s mascot. It was the Descendents’ last album with founding guitarist Frank Navetta, who quit the band during the hiatus that followed its release. (Navetta would return for one song on 1996’s Everything Sucks.) The album is one of the first melodic punk albums ever and one of the most important. It has been cited as