Early experiences of counsellors providing an online counselling service in the Republic of Ireland

CONTEXT: Online Counseling is a new method of counselling within the Republic of Ireland, the aim of this research project was to explore the Early Experiences of Online Counsellors providing an Online Counseling Service in the Republic of Ireland. METHODS: A qualitative design was used for the research. Five participants were interviewed, one interview was conducted face-to-face and four via telephone, data was then transcribed and results were established via thematic analysis. RESULTS: Results encompassed the overall experience of the online counsellor in the Republic of Ireland ranging from flexibility, duty of care, client characteristics, common presenting problems, ethical and professional framework, continual development, clarity, appealing qualities, lack of support and awareness and finally therapist skills. CONCLUSION: This study highlights some of the issues encountered in providing an online counselling service in the Republic of Ireland, a number of practical and ethical issues emerged from within the data, it was felt that difficulties working in the online environment were perhaps furthermore frustrated by a lack of ethical and professional framework as well as supports for the counsellor. Practical concerns were that of promoting the counsellors services as well as raising awareness that the service is available for users to access, these practical and ethical 5 concerns may be attributed to the infancy of this service in the Republic. This research adds to the current research available whilst highlighting the particular concerns mentioned in relation to raising awareness of online services existing in the Republic.
Guidance and counselling focuses on individual and its highly required in the schools, colleges, higher education institutions, hospitals, in courts, in the industries and companies; but for the purpose of this paper, the main focus is on guidance and counselling programmes in the secondary schools. Formal guidance and counselling can be traced to America in the late 1890s and the early 1900s. Guidance and counselling in secondary schools is riddled with a number of problems which are attitudinal, structural, human and cultural. These include malfunction to engage in careful analysis of organizational problems that guidance and counselling was intended to resolve. Social Science Dublin Business School. Early Experiences of Counsellors Providing an Online Counselling Service in the Republic of Ireland. Guinevere Moloney. Submitted in partial fulfillment of the requirements of the Bachelor of Arts degree (Social Science Specialization) at DBS School of Arts, Dublin. Supervisor: Dr. Niall Hanlon Head of Department: Dr. J. Brunton. April 2010, DBS School of Arts. 1. Online Counselling Confidentiality and Ethical Standards Rationale For Present Study Aims of Study Methods Research Questions Participants Data Analysis Procedure Ethical Considerations Results Discussion 2 3 7 7 Error! Bookmark not defined. 10 11 12 14 15 18 20 21 23 24 27 27 28 29 41. 2.