The ancient doctrine of semen conservation has a long philosophical history in Europe and Asia. In Sanskrit, semen is equated with sukra, the life force. As early as 600 B.C., the Caraka Samhita taught the importance of sukra, and gave prescriptions to augment it. In the 18th century, semen conservation theory reentered Western medicine through Tissot's Treatise on the Diseases Produced by Onanism. It became the basis of the degeneracy theory of all disease, and of the masturbation hysteria of the 19th and 20th centuries.

Additio Ayurveda (Devanagari: आयुर्वेद) or Ayurvedic medicine is an ancient system of health care that is native to the Indian subcontinent. It is presently in daily use by millions of people in India, Nepal, Sri Lanka, China, Tibet, and Pakistan. It is now in practice for health care in European countries. The central concept of Ayurvedic medicine is the theory that health exists when there is a balance between three fundamental bodily humours or doshas called Vata, Pitta and Kapha. Vata is the air principle necessary to mobilize the function of the nervous system. Pitta is the fire principle which uses bile to direct digestion and hence metabolism into the venous system. Read the latest magazines about Sexological and discover magazines on Yumpu.com. Vajikarana & Sexology - Techno Ayurveda. technoaurveda.files.wordpress.com. Vajikarana & Sexology - Techno Ayurveda. Vajikarana & Sexology - Techno Ayurveda. technoaurveda.files.wordpress.com. Pages: 36.