She also maintains that good-quality programs and particular software can help children with learning difficulties develop the skills they are lacking. Online environments can also provide children with a virtual space to develop in confidence - something they might not be able to do in the home or the classroom, she says. Her message to parents is that two hours of screen time each day is enough for children aged six and under. Although there is a minority who consider screens not to be healthy, there is no evidence to suggest they are detrimental, Prof Marsh adds. Children quickly get bored...