The ICD-10 classification of mental and behavioural disorders: clinical descriptions and diagnostic guidelines

Abstract
Provides clinical descriptions, diagnostic guidelines, and codes for all mental and behavioural disorders commonly encountered in clinical psychiatry. The book was developed from chapter V of the Tenth Revision of the International Statistical Classification of Diseases and Related Health Problems (ICD-10). The clinical descriptions and diagnostic guidelines were finalized after extensive field testing by over 700 clinicians and researchers in 110 institutes in 40 countries, making this book the product of the largest ever research effort designed to improve psychiatric diagnosis. Every effort has been made to define categories whose existence is scientifically justifiable as well as clinically useful. The classification divides disorders into ten groups according to major common themes or descriptive likeness, a new feature which makes for increased convenience of use. For each disorder, the book provides a full description of the main clinical features and all other important but less specific associated features. Diagnostic guidelines indicate the number, balance, and duration of symptoms usually required before a confident diagnosis can be made. Inclusion and exclusion criteria are also provided, together with conditions to be considered in differential diagnosis. The guidelines are worded so that a degree of flexibility is retained for diagnostic decisions in clinical work, particularly in the situation where provisional diagnosis may have to be made before the clinical picture is entirely clear or information is complete

Citation

Description
Replaces the glossaries and guides to classification to mental disorders which were published in conjunction/accordance with the ICD-8 (1974) and ICD-9 (1978) 962 p.

ISBN
7117019573 (Chinese)
9241544228
9607308379 (Greek)
8385688250 (Polish)
5830800910 (Russian)
8617023236 (Serbian)
9759573008 (Turkish)
Mental and behavioural disorders due to use of cannabinoids. F13.
Mental and behavioural disorders due to use of sedatives and hypnotics. F14.
Mental and behavioural disorders due to use of cocaine. F15.
Mental and behavioural disorders due to use of other stimulants, including caffeine. F16.
Mental and behavioural disorders due to use of hallucinogens. F17.
Mental and behavioural disorders due to use of tobacco. F18.
If desired, the blood alcohol level may be specified by using ICD-10 codes Y90.0-Y90.8. Code Y91.- may be used to specify the clinical severity of intoxication if the blood alcohol level is not available.
F10.07 Pathological alcohol intoxication
Note. The status of this condition is being examined.
ICD-10 Mental and Behavioural Disorders made improvement in clinical utility an organizing priority for the revision. The uneven nature of the diagnostic information included in the ICD-10 Clinical Descriptions and Diagnostic Guidelines (CDDG), especially with respect to differential diagnosis, is a major shortcoming in terms of its usefulness to clinicians. Consequently, ICD-11 Working Groups were asked to collate 10 Classification of Mental and Behavioural Disorders were necessary to meet the needs of its various users. The ICD-10 statistical version of the classification contains short glossary-like definitions for each mental and behavioural disorder category, but "is not recommended for use by mental health.