The Intimacy Dance: A Guide to Long-Term Success in Gay and Lesbian Relationships

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Abstract

Originally published in Contemporary Psychology: APA Review of Books, 1997, Vol 42(11), 1040. This text (1996) helps couples deal with problems associated with long-term relationships in gay and lesbian couples. The author provides advice, insights, tips, and strategies related to common relationship problems. A central theme of the book is the importance of communication between partners. The reviewer notes that the book is easy to read, does not assume readers are psychologically minded, and should be useful to many couples. However, missing from the book are discussions of multicultural issues and how they affect gay and lesbian relationships. (PsycINFO Database Record (c) 2006 APA, all rights reserved)

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Lesbian, Gay, Bisexual, and Transgender Health Disparities
For a long time little was known about the heart of gay and lesbian relationships because psychologists rarely studied them. It was assumed that they were less stable, more transient. As an article in The Psychologist magazine pointed out, only 30 years ago psychologists still treated gay and lesbian relationships as pathological. But research interest in these relationships seems to be growing. Much of the research shows some differences in how relationships operate in gay, lesbian and heterosexual couples. Within all these relationships couples who trusted and loved each other, didn't play power games and shared how they made decisions were likely to be happy and stick together. Lesbian couples show enviable characteristics.