Abstract
Originally published in Contemporary Psychology: APA Review of Books, 1996, Vol 41(7), 732–733. Briefly reviews “Group Therapy With Children and Adolescents” by Paul Kymissis and David Halperin (see record 1995-98655-000). This edited book is a welcome addition to the child and adolescent psychotherapy and group psychotherapy literature. In the initial section, titled General Issues, a brief history of psychotherapy groups with children is offered. This is followed by a fundamental chapter delineating the significance of socialization and natural group formation within child development theory, which acts as a prelude to two important chapters on models of group development with adolescents. In this sequence the authors, although at times overlapping, strengthen the position that there are significant parallels between the experience of children and adolescents in natural groups and the expected stages of group development within child and adolescent therapy groups. (PsycINFO Database Record (c) 2006 APA, all rights reserved)
Schema Therapy with Children and Adolescents an Extract of Mode Work. Dr Christof Loose. Child and Adolescent Psychotherapist. Heinrich-Heine-University Dusseldorf. Institute of Experimental Psychology dept. Then, Felix gets to know Chris. He is a psychologist and therapist for children and adolescents. After Felix's parents have asked him to help, he meets up with Felix. Chris encourages Felix to talk about himself and his world. Does group therapy replace individual therapy? Group therapy is an effective form of treatment for children and adolescents. It can be done alone or in combination with individual therapy. If your child is receiving individual therapy, it is best to speak to your therapist about your child's individual treatment plan. Group therapy is also effective for young children. Children this age have a limited understanding of emotions and can often be very labile and reactive. Guided interactions with peers can increase emotional intelligence and develop social skills that are critical developmental goals for this age group. If your child is struggling with anxiety, depression, socialization, or has recently experienced loss or change; he/she may benefit greatly from group therapy.